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Occupying Coast Salish territory for 60 years

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A secret genocide

Film attacks 'genocidal' practices in church-run residential schools

Rebecca Kostamo

The truth about the genocide of more than 50,000 Aboriginal children in church-run residential schools is being suppressed, according to a documentary shown at UVic.

Unrepentant: Kevin Annett and Canada's Genocide was screened Nov. 8 at UVic's David Lam Auditorium. It said the United, Anglican and Roman Catholic Churches, along with the Canadian government, courts, RCMP and mainstream media are suppressing the truth about children dying in residential schools between 1895 and 1985.

The film, produced in 2006, focuses on Kevin Annett, a human rights activist and former United Church minister. Annett was excommunicated from the Church in 1997 after refusing to comply with church officials' orders to keep quiet about the genocide of Aboriginal Peoples.

According to Dr. Peter Bryce, the federal government's chief medical officer in 1907, smallpox and tuberculosis were deliberately spread in residential schools. Infected children were not given vaccinations and healthy children were forced to play and sleep alongside infected children. The annual death rate in residential schools was 50 per cent.

In the film, Annett, who works with the Vancouver-based Truth Commission into Genocide in Canada, condemns the refusal of churches, government and police to say that the residential school atrocities were a calculated genocide.

"This is mass murder," Annett said.

The United, Anglican and Roman Catholic Churches want to protect their theft of First Nations lands as well as their reputations, the film claimed. Residential schools were not an isolated incident of genocide — colonial domination and discrimination of Aboriginal peoples is a current practice in Canada, the film said.

STEVE CAREY PHOTO

Joan E. Morris, a former student at a residential school, called filmaker Kevin Annett a "strong warrior" among her people during discussions after the film *Unrepentent: Kevin Annett and Canada's Genocide.*

Many residential school survivors described accounts of torture and mass murder similar to those from Second World War death camps — electrocution, mass sterilization and medical experimentation, among others.

"Christianity has been hijacked by wealthy institutions, when it belongs in the hands of the poor," Annett said.

Audience members discussed the film after the screening. Several said the movie focused too much on Annett's dismissal from the United Church instead of on the history of Aboriginal Peoples. Some people said it wasn't Annett's place to be speaking on behalf of Aboriginal Peoples.

One man asked the filmmakers to include mention of other Aboriginal Peoples who have been fighting the battle to have the treatment of children in residential schools recognized.

See 'I need to tell my story,' p.2

Homeless left out of Dion's homelessness plan

MEAGHAN WALTON/FULCRUM (CUP) PHOTO

Stéphane Dion, pictured above at an Ottawa press conference, was in Victoria Nov. 15 to speak about homelessness, but not to the homeless.

David Karp

On Nov. 15, while Liberal leader Stéphane Dion met with reporters and cameramen after a roundtable on homelessness, Red and his friend Pinky sat outside a pharmacy half a block away, rolling pennies. Down the street, Larry Gilmour leaned against a lamp post, holding out his baseball cap under a drizzle of rain.

Dion told reporters that he hadn't spoken with any homeless people in Victoria. His aids whisked him around the corner to a car, and on the way Dion passed Red, Pinky and Gilmour. As Dion walked past the trio, he gave a quick wave to reporters.

"He stopped and he looked at me, but that's all he did," Red said. "Here I am counting pennies. But hey, at least the guy's got the guts to come out and talk about it, instead of behind closed doors ... well, he was behind closed doors."

Red doesn't give his last name because he doesn't want friends and family in Ontario to read about him. He has lived on the street on and off for more than 30 years. He spends nights in his partner's apartment and his days panhandling. He says he usually votes for the Liberals.

"I was thinking of mooning [Dion]," Red said. "Politics I don't get into because there's too much controversy. They all say one thing and they do another. Homelessness is not going to go away. It's never going to go away."

Gilmour, Red's best friend, usually votes for the NDP.

"[Dion] never even said hello," said Gilmour, chuckling. "He's talking about homelessness, and here we are."

See Lower rents would help, p. 2

TOP STORIES

Soul-searching quest by kayak
FEATURE, P. 10 & 11

Future of water in jeopardy
NEWS, P. 4
OPINIONS, P. 6

Tough love for homeless
OPINIONS, P. 8

Laughing at depression
LIVING, P. 14

Tennis player saves lives
SPORTS, P. 17

COLUMNS

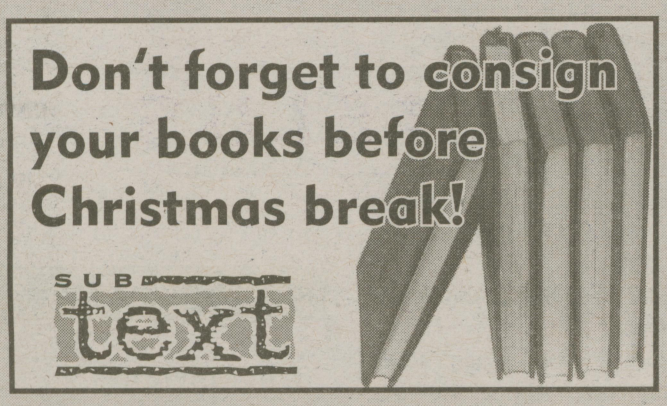
This week in Martlet history
NEWS, P. 2

Drinking with Derek
LIVING, P. 12

Ask Miss Martlet
LIVING, P. 12

PLUS

The Martlet Crossword
COMICS, P. 9



Continued from p. 1

'I need to tell my story': Annett

"As Aboriginal People a lot of times flags go off for us when other people are sharing our history," one aboriginal woman said to Annett. "I'm thankful that you shared your story, but ... it certainly brings up a lot of stuff for me."

Annett replied that he only speaks on behalf of himself.

"I need to tell my story because people need to hear about abusive [church] practices," he said.

Chronicled in the film is the United Church of Canada's fight to silence Annett, for which they spent over $500,000, including paying for his wife's divorce fees, blocking him from doing his PhD at UBC, and blacklisting him from several jobs.

When asked by an audience member if he still called himself a Christian, Annett replied, "In my personal faith, but I don't equate that with an organized religion. I had to distinguish between that and the Church ... It's not an easy thing to answer."

In a show of support, Joan E. Morris, a former student at a residential school who began the night by welcoming the audience into Coast Salish territory, described Annett as "a strong warrior among our people."

Audience member Ron George spoke about ignorance.

"There are professors who don't know anything about the history of this country, who don't know there are two classifications of Indians," he said. "We have been displaced out of our own lands ... Our kids are the ones that are getting it in the schoolyard, they are coming home crying. This is not an Indian problem — this is a white problem."

Several people asked Annett what they could do to make a difference.

"Put pressure on the church organizations and other organizations involved," he answered. "The minute their money is affected, they will understand."

He suggested boycotting the 2010 Olympics on the grounds that Canada is violating human rights. Annett also said the UN should set up an International War Crimes Tribunal in Canada.

"[These] wounds can't be healed," Annett said. "An apology and some money is an insult."

The filmmakers called for people to demand that the churches open their archives to the public and reveal the burial locations of children who died in residential schools.

Continued from p. 1

Lower rents would help homeless

Dion complimented the Mayor's Task Force report on homelessness, while noting the homeless population is an estimated 1,200 people. He said the homeless and impoverished need assistance, but that it's not coming from the Conservative government.

"They need help," Dion said. "They need the support of the federal government."

But Red said that while there could always be more soup kitchens, especially ones that are open on Sundays, Victoria already has a strong infrastructure of services for homeless people.

"You've got to be a complete idiot to starve in this town," Red said. "Somebody's going to help you out — that's what I like about this town."

The Liberal leader also discussed his recently announced plan to cut child poverty in half and decrease adult poverty by one-third over the next five years. Dion said that the child tax benefit "has been the most important addition to the tools we have to fight poverty."

"If we enrich the Child Tax Benefit, it will help a lot of families to get out of poverty," Dion said. "It's a very important problem of poverty — not just a problem of drugs," he continued in French.

Gilmour, whose children are now adults living on their own, isn't concerned about the Child Tax Benefit. He said the problem is high rents. Gilmour, a millwright by profession, hasn't been able to find a job since he injured his knee working in Fort McMurray.

"It's so expensive here. You can have two or three people in a two bedroom place just to try and get by. That's what the problem is — it's the cost," said Gilmour.

Red agreed.

"If you talk to most of these people on the street, it's just that they can't afford the housing rents. That's what it mainly is. For a single guy to get a bachelor place, it costs about $425 [per month]," Red said. "They say the want to put an end to homelessness — take a look at all the vacant buildings downtown."

Gilmour is sleeping on the floor of Red's partner's apartment, but says he'd like a more permanent place if he can afford it, providing it's in Victoria. Gilmour says it would be risky trying to move to a city with lower housing costs.

"At least I can survive the rain," Gilmour said. "If I get caught someplace where it's 30 or 40 below in the snow, I'm toast."

But Red cautioned that lower rents aren't the answer for everyone on the street.

"It depends on what kind of people you're talking about," he said. "I've noticed most of these young people that are on the street right now, they've got animals and everything. But they get their drug money or their booze money or whatever, and then they go home to mommy and daddy."

Dion said Victoria built "a very good plan in order to focus on housing, focus on mental health [and] community police," but Red suggested a crackdown on drug related crime would help the homelessness problem. He was put out of a room when the building he lived in was demolished because it was filled with crack dealers.

"Why don't the cops do something about the drug pushers? Why pick on us guys that sit on the corner?" he asked. "They make us stand up — if you don't stand up you get a $125 fine. And they'll take your gear too."

This week in Martlet history

Stories from the Martlet archives

Nov. 28, 1996 — Right-wing directors of the UVic Students' Society hijacked the agenda while five left-wing student members of the board of directors were in Ottawa for a conference.

An emergency board meeting was called where motions were put forward to adopt a new electoral policy, pay the legal fees of a student disqualified in the previous election, and hold a referendum to pull out of the CFS. Other motions tried to reform the society's anti-NAFTA and anti-NATO policies. The four left-wing board members in town weren't called about the meeting.

One student came armed with a megaphone and three members of the Native Students' Union sang a traditional song, while others banged tables and made outbursts in order to prevent motions from getting passed.

Nov. 24, 1986 — An investigation by UVic into rowing hazing found that initation ceremonies did not occur on UVic property. Rather, activities started in private homes and then continued at Elk Lake.

New rowers had to scrub docks with a toothbrush, had the letter L sprayed on their faces for "loser" and had hair cut, dyed or shaved.

One UVic novice rower said coaches were present during her initiation. The events were especially sensitive because two novice rowers died on Elk Lake during a storm in January 1986.

Nov. 24, 1966 — Roughly 700 students gathered in the Student Union Building the previous week for a mass meeting to debate nothing in particular.

The purpose of the gathering was to promote the "apathetic" spirit of the "mediocre" UVic student, and featured frequent heckling, arguments and outbursts. Little was said to clarify what was actually being debated.

Transgendered victims remembered

Day of remembrance held at UVic to commemorate victims of hate crimes

Meaghan Kerr

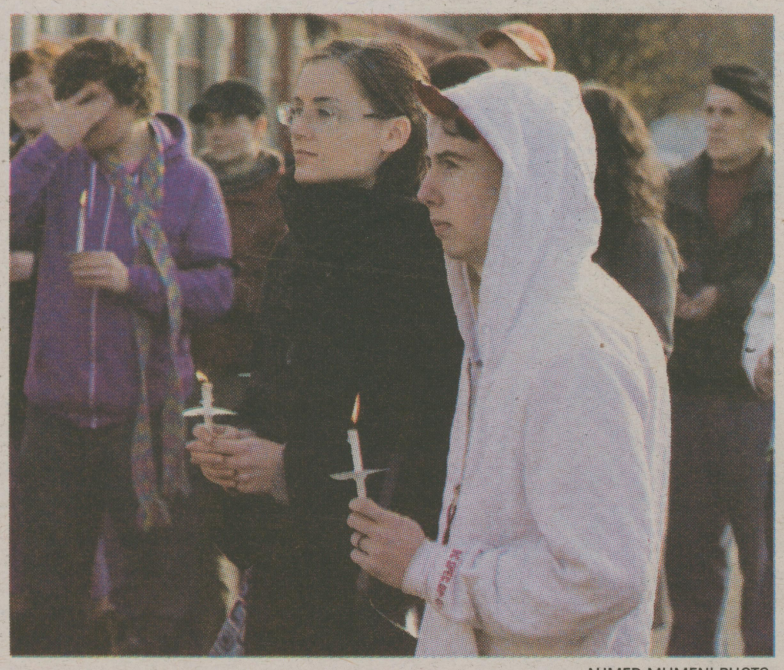
The ninth-annual Transgender Day of Remembrance honoured transgendered victims of hate crimes on Nov. 20, and UVic participated for the first time.

UVic groups Equity and Human Rights, the Anti-Violence Project, the Women's Centre and UVic Pride collaborated on organizing UVic's first Trans Day of Remembrance.

The non-profit organization Gender, Education, and Advocacy (GEA) organizes the event across North America. Its goal is not just to memorialize all past victims of transgender-based hate crimes, but also to raise awareness of ongoing discrimination. So far this year, GEA has documented 11 murders of transgendered people, most of them in the United States. Over the past decade more than one transgendered person has been killed per month worldwide.

The commemoration takes place every year, around the same time that activist Rita Hester was killed. She was a transgendered person stabbed to death in her San Francisco home. Her murder in 1998 initiated the creation of the Trans Day of Remembrance.

The GEA's website says that mainstream media largely ignores the widespread discrimination of transgendered people. Liz Manning, an organizer of UVic's Day of Remembrance, agrees.



AHMED MUMENI PHOTO

Candles are lit outside the SUB for the Trans Day of Remembrance.

"Media isn't representative of the [trans] community, and when transgender issues are presented it often portrays deviance and violence," Manning said.

"Mass media takes images of trans people and interprets it for the audience in a way that trans people necessarily haven't and wouldn't want to be portrayed," added fellow organizer Dana Waldman.

According to GEA, when a transgendered person's death does get reported, his or her "lifestyle choice" is made a topic for discussion, gender-specific pronouns are awkwardly avoided, and the person's given name is relentlessly used, even if their name has been legally changed. Media attention to the two extremes of the subject tend to propagate ignorance and reinforce stereotypes of transgendered people.

"If it's not your own experience, obviously you won't know what it's like to be trans, but you might not even know that there is a trans community here," said Larkin Schmiedl, who visited UVic to participate in the day's events. She cited the media as one reason why the transgendered community doesn't get much attention and said that rampant transophobia is another.

Initiatives like the Day of Remembrance are organized to combat this indifference and antipathy. Before a screening of the movie *She's a Boy I Knew* by Vancouver filmmaker Gwen Haworth, UVic's event included a candlight vigil outside the Student Union Building to acknowledge the deaths of the past year. Several speakers stood on stage and recited names of transgendered people killed.

"Remembrance of these crimes is an announcement that we've had enough. We will no longer die quietly or live quietly," said Waldman. "But the living are more important than the dead. We have the right to exist in public. We can live, and we should live, safely."

The GEA's website hails the Day of Remembrance for putting the transgendered community in the public eye and said that's because "it reminds non-transgendered people that we are their sons, daughters, parents, friends and lovers."

NEWS BRIEFS

UVic ranks first

UVic is first overall in the comprehensive category of Maclean's magazine's annual university rankings.

Maclean's rankings were boycotted in 2006 by 11 universities across the country who refused to provide information. Maclean's filed Freedom of Information requests to gather the ranking information.

But UVic placed 11th out of 47 universities for overall reputation, 10th in the categories of highest quality and most innovative and 23rd in the leaders of tomorrow category. Maclean's surveyed 11,826 people: university officials, high school principals, guidance counsellors, the heads of organizations and corporate recruiters.

Reduce your fines

Get a break from library fines during the UVic library's Food for Fines campaign, running from Nov. 19 to 30.

Donations of a non-perishable food item will receive a $2 fine waiver, up to a total of $20. Donations will be distributed to the Mustard Seed Food Bank and the UVSS Emergency Student Food Bank. Food and cash donations can be made by those without fines.

Drop-off can be made at the Curriculum Lab in MacLaurin building, the main library loan desk, and the music, audio and media service desk in the McPherson Library.

- Rosemary Westwood

Dialogue flows at water conference

Jessy Ana Rucker

AHMED MUMENI PHOTO

Speakers at a water conference called for better management of water resources and more input from the public.

Instead of leaving decisions about the management of water resources to the politicians, the public was invited to get in on the action during the Water: Ours to Protect conference on Nov. 17.

Hosted by the Greater Victoria Water Watch Coalition, the conference aimed to inform the public about local water issues of conservation, governance and privatization, and to encourage public involvement in the decision-making process.

"Water is essential to all life. It's a legacy that we want to leave, and it should be clean and affordable," said Janet Gray, spokesperson for the coalition.

Approximately 300 people gathered at St. Aidan's United Church for the free conference.

"[Public-private partnerships] are not a straight forward relationship that we should buy into for 25- to 30-year periods without knowing everything we can about it, because they're very complex," said Gray.

Among issues raised during the conference was the need for more integration between communities and municipal governments.

Dr. Rod Dobell, professor emeritus of public policy at UVic, gave a keynote speech on water governance and the challenge of making decisions based on economics and public interest. He said that regulations are made "too far from the people most affected."

"We need to be smarter about who we elect," said conference participant Sue Stroad. She said that people need to better understand the processes of city council.

Saanich Councilor Zeb King led a workshop called Community Action and discussed ways to focus a city council's attention on an issue. He told workshop participants to contact a councillor directly or attend the Committee of the Whole, which are open meetings.

Stroad suggested that people write to newspapers so the public knows that council has been made aware of a matter, or even consider running for council themselves.

King noted the low voter turnout for the 2005 municipal elections (26 per cent for Victoria and 28 per cent for Saanich).

"Between elections, people are even more disengaged with what their council is doing," he said.

Through a discussion, participants emphasized the need to talk more to neighbours about environmental concerns and municipal management, either at local shops or by knocking on doors.

After Helen Hunter-Perkins went to the Water for People and Nature, Not Profit workshop, she said she understood more about how water as a commodity changes our control over it. A Grade 12 student at Oak Bay High School, she is involved in the environmental group at her school and said she now wants to speak with the school board about installing low-flush toilets.

Sylvia Kenny, a ground-water protection officer for the Ministry of Environment, helped answer questions at another workshop.

"I think it's important for us to support activities that people are undertaking that contribute towards stewardship," said Kenny. "We want to see how we can contribute to assisting groups trying to protect a resource."

The conference also featured a tap water/bottled water taste test and a display about the bottled water industry, which noted the high cost and pollution of marketing water.

Earl Claxton, Jr. of the Saanich Nation said it would be good to have a meeting about environmental issues in his community.

"I think there's a real disconnect that people have with the land," Claxton said. "They've lost respect for nature for so long that when something happens to nature, they don't even get alarmed anymore."

Until recently, Brenda Best, a conference attendant, thought that problems with water were in places other than Canada.

"I'm learning that's not the case. We've got to be stewards of our water or we're going to be in trouble, too."

No scheduled arrival for trains in Victoria

David Karp

The man in charge of Toronto's transit system was in Victoria preaching the benefits of light rapid transit (LRT), but transit authorities in B.C. are hesitant to jump on board.

Adam Giambrone, chair of the Toronto Transit Commission (TTC), was in Victoria on Nov. 6 and 7 to talk about youth leadership as well as Toronto's transit system. Giambrone, a Toronto city councillor and former president of the federal NDP, preached the benefits of LRT — street-level trains that don't compete with traffic.

"It's a good in-between technology that takes you between a bus line and a subway," said Giambrone. "They offer a right-of-way separated from traffic. They control the signals so that they don't wait at intersections."

The TTC costs $2 billion to operate annually. It is the third-largest transit system in North America after Mexico City and New York City. Toronto recently received $17.5 billion in government funding to expand its transit system and is planning on using $6 billion of that to build seven new LRT lines — 120 kilometres in total.

"If I provide a bus for you and it comes every five minutes, that's pretty good service. But if I want you to get you to get rid of your car, you don't know if I'm going to change that bus schedule tomorrow," Giambrone said. "Once I put an LRT line in there, it's not going anywhere."

Ron Drolet, senior vice president of customer service for BC Transit, said it isn't fair to compare Toronto with Victoria.

"What you've got is a massive difference in scale of markets and transit networks," Drolet said.

But Giambrone said that's no obstacle to implementing light rail. "Toronto has a certain density of population which makes public transit easier. Having said that, there are lots of small cities in Europe and other places in North America who are investing in light rail technology, and they're doing it because even in small cities people need alternatives," he said. "Sure, the issues are bigger in Toronto, but they're the same issues."

As examples of smaller cities employing LRT technoglogy, Giambrone highlighted Bordeaux, France, which has recently expanded its light rail line to 60 kilometres from 48 kilometres.

Giambrone said that LRT lines can carry 10,000 people per hour, while Toronto's Yonge subway line carries 50,000 people per hour. Subway lines are also more expensive.

"A subway costs $250-million per kilometre to build [including] stations. LRT costs somewhere between $25-million and $35-million," Giambrone said. "There's a big difference. With LRT, you're able to extend into neighbourhoods where you'd never be able to justify a subway operation."

Giambrone said constructing an LRT line causes fewer issues when compared with the disruptive "cut-and-cover" technique used in subway construction. He said LRT only takes weeks to construct.

Drolet said Greater Victoria's transportation strategy includes basic plans for an LRT system roughly 20 years from now, and that the plan identifies four main corridors which would be candidates for a future LRT line. The corridors are centred around Town and Country shopping centre, with a line along McKenzie Street to UVic, a line to downtown, a line toward Royal Oak Exchange and up the Patricia Bay Highway, and a line to the Western Communities.

"But it's not definite," Drolet said. "There's not a fixed schedule in that document. It's more about vision and direction."

Drolet said that BC Transit plans to focus on adding express buses in Greater Victoria before adding LRT.

TransLink, the Greater Vancouver transit authority, had planned to open its first LRT in September 2011, a change from the automated SkyTrain system. But plans for that service, called the Evergreen Line, are on hold because there isn't enough money for the project.

"The preliminary cost for the Evergreen Line, as an LRT, is about $970 million," said TransLink spokesperson Ken Hardie. "And we are about $400 million short."

The project is currently under review by Partnerships B.C.

Food for fines.

Avoiding paying Library fines?

From **November19th** to **November30th**, for each non-perishable food item donated, Library users will have **$2** waived from their Library fines, up to a **maximum of $20.**

Donations can be made to:
- Curriculum Lab (MacLaurin)
- Music, Audio and Media services (McPherson Library)
- Main Loan Desk (McPherson Library)

Food for Fines will distribute donations to the Mustard Seed and the UVSS Food Banks.

Most needed food items include: peanut butter, baby food, rice, macaroni and pasta, juice boxes, dried peas and beans and canned fish.

For more information, contact Shailoo Bedi
McPherson Library, at (250) 721-8226 or shailoo@uvic.ca

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NATIONAL NEWS

Protesters barricade, occupy Montreal school

Police used tear gas bomb and pepper spray according to student protestor

Lendon Ebbels
MCGILL DAILY

MONTREAL (CUP) — Students attempting to strike across Quebec last week faced police crackdowns and intimidation from school administrations and law enforcement.

Approximately 100 students were arrested late Nov. 13 at the CEGEP (junior college) in Old Montreal, where hundreds of students met with riot police at a "bed-in" marking the beginning of the school's three-day strike against Quebec's rising tuition fees. After students at the CEGEP took the school and barricaded themselves inside, hundreds filled the street in support. Protesters and riot police gathered in the busy Latin Quarter intersection of East Ontario Street and Sanguinet Street for several hours.

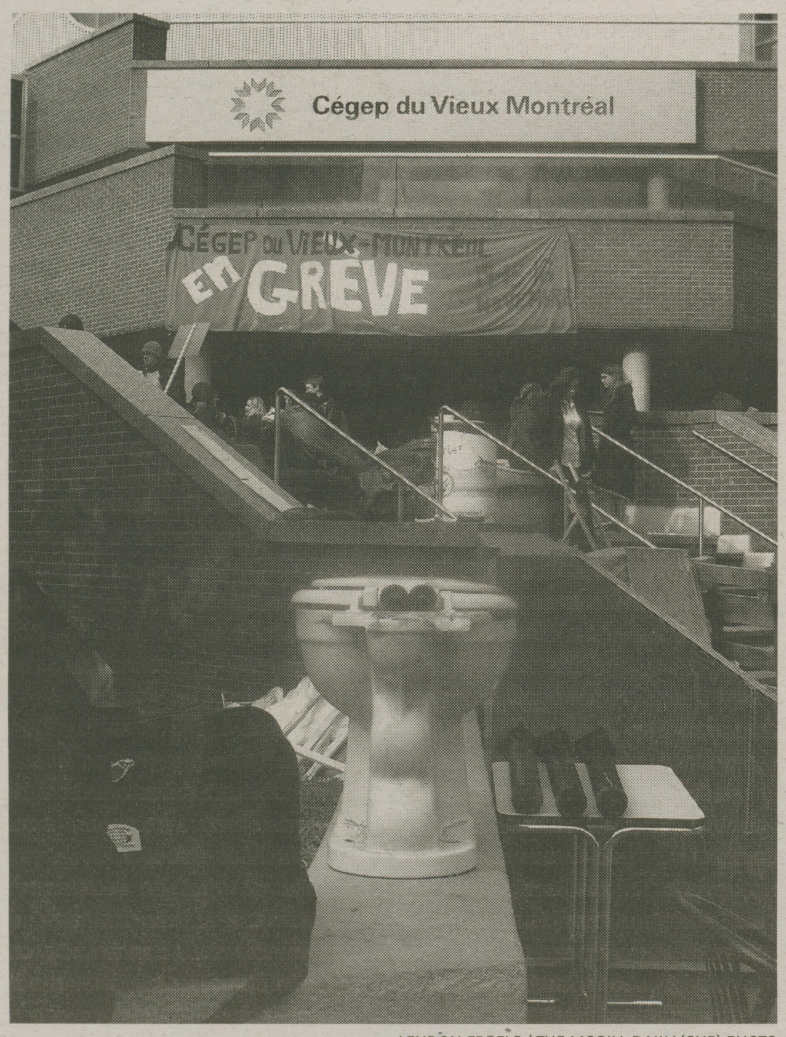
Students said they chose to occupy the CEGEP because the administration refused to let them stage a bed-in to peacefully protest tuition hikes under Jean Charest's provincial government, a strategy used by students at the Montreal campus of the University of Quebec the day before.

Tuition went up 4.8 per cent from last year in Quebec to $2,025 for full-time students. At the CEGEP, whose student population has a long history of radicalism, the administration refused the bed-in on the grounds that the school closes at 11 p.m. and that students sleeping at the school would be a security liability.

"[The student movement] isn't a new thing there. What's new is the administration being so hard on it," said Cleve Higgins, a McGill sociology and international development student who was arrested at the protest.

"I think students asserting control of their own space is important," Higgins said. "The government and admin at the school recognize that it's a demonstration of student power and that's why they're afraid of it."

Students inside the CEGEP said that up to 300 demonstrators occupied the school-built barricades between 9 and 10 p.m. The barricades were made with tables, chairs, benches, chalkboards and plywood. One barricade was constructed using two dumpsters, a vending machine, and at least one toilet.



LENDON EBBELS / THE MCGILL DAILY (CUP) PHOTO

Toilets, furniture and wood planks cover the entrance to a Montreal college the day after students went on strike against tuition increases.

"People were really into it — they wanted to prove something. There was a lot of energy," one University of Quebec student said. Most protesters interviewed at the demonstration asked that their names not be used in fear of retribution by police and punishment by their institutions.

Students said that police officers met with campus security officers earlier in the night and established that the police could enter the building if, and when, they saw fit. Though the exact timing of later events is unclear, most students interviewed said police returned around midnight dressed in riot gear, donning helmets and protective masks and carrying shields, batons, rubber bullet guns and cans of pepper spray. Witnesses estimated that at the peak of the demonstration, more than 150 police were present.

According to Higgins and Fred Burrill, a history student who was also arrested, the protest turned more violent after the demonstrators realized police intended to force them out of the school. Students armed themselves with two-by-fours, glass bottles and fire extinguishers. After facing resistance from students who used an emergency fire hose against them, police broke through a barricade at an upper entrance. Another protester claimed that upon entering, police set off a tear gas bomb and sprayed students with pepper spray.

Many students escaping the school jumped over the barricade at the main entrance and ran out, where they met plenty of officers stationed on the street. The officers surrounded the students in a circle next to the school. Others were cornered by police on the landing. Burrill and Higgins said they were given two choices by the police — to sit and be arrested, or to try to run and "get beat up."

Hundreds of other protesters gathered on the streets at Sanguinet Street and East Ontario Street — many of whom wore the symbolic red square of the student movement — but were forced down the streets, further away from the CEGEP. They remained until early the following morning, chanting slogans such as "Police everywhere, justice nowhere."

> "People were really into it — they wanted to prove something."
>
> *– University of Quebec student*

Throughout the most intense hours of the street protest, the police repeatedly employed pepper spray, pushed protesters back, threatened the use of their batons and used noise scare tactics to quell the demonstrations.

"The disproportionate amount of violence that the police are displaying really demonstrates how dangerous the idea of accessible education is to the government," said Sarah Golightley, a sociology student from McGill who witnessed the confrontation.

Contrary to reports that no one was injured, one student emerged from the school with large bruises on his head and arm, asking for water to rinse his eyes. Burrill and Higgins also said they witnessed a police officer digging his knee into a protester's leg.

About 100 protesters, mostly from inside the CEGEP, were arrested. After being detained as late as 5:30 a.m. in the CEGEP, all received identical charges of mischief, assault and armed assault.

In response to the actions of the police, the Association pour une Solidarité Syndicale Étudiantes (ASSÉ), a collective of Quebec student unions, called for an anti-police-brutality demonstration.

Others campuses join protest

CEGEP du Vieux Montréal was not the only school facing conflict. Associations representing approximately 58,000 students across Quebec went on strike on Nov. 12 as part of the ASSÉ-led Day of Action. At the Montreal campus of the University of Quebec on Nov. 12, a band of striking students surrounded the office of Claude Corbo, the university's rector-elect. Strike leaders accused Corbo of encouraging deep budget cuts and tuition hikes in an attempt to bail the school out of its $550-million debt. At least three students were arrested, according to reports from the Montreal Gazette and a press release from ASSÉ.

At three CEGEPs in Drummondville, St-Laurent, and Terrebonne, administrators are invoking Law 43, which forbids public-sector employees from withholding their labour.

"The students' association at the CEGEP in Drummondville ... has the right to demonstrate peacefully their point of view, but it cannot block the normal activities of the CEGEP," reads a French press release from the Drummondville CEGEP.

Marc-André Faucher, the information secretary for ASSÉ, said the law is unjust for both students and public service employees.

"It blocks the right to strike, a right recognized long ago in Quebec and internationally," Faucher said. "This is something we're going to have to watch if we want to keep our right to strike and hold actions. Administrations and police alike are talking about killing the movement."

–with files from Kelly Ebbels

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EDITORIAL

Water woes must be avoided

Thirsty?

Canadians can turn on a tap to access drinking water, but others are not so lucky. The drive to privatize water is forcing people everywhere to question whether water is a right or a privilege. This is a global issue, but the negative effects are felt most deeply by the poor and the environment.

Many people in developing countries thirst for clean water as for-profit enterprises such as Coca-Cola buy up the rights to public water. Resource monopolies enabled by privatization allow companies to set the price range for products. However, those unable to pay for their water cannot afford the diseases that result.

Privatization supporters claim that companies can stream part of their profits from sales into maintaining pipelines and other infrastructure. But many privatization schemes actually result in worse management, and a focus on profit rather than on service. This has led to widespread protest against water privatization in countries such as Bolivia and South Africa.

We must resist water privatization in Canada for the same reasons. So far, Canada has largely avoided the trap of privatization. But political manoeuvres over the past decade are opening new doors. The North American Free Trade Agreement (NAFTA), in effect since 1994 in Canada, the United States and Mexico, defines water as a "good." Because countries cannot restrict the export or sale of goods between members, governments cannot prevent companies exporting water.

Powerful bodies such as the Chief Executive Council of Canada, Coca-Cola, and the World Bank promote privatization, despite the heavy human costs. President George W. Bush said he is open to discussion about Canadian water imports.

Activist groups such as the Council of Canadians and Victoria's Water Watch Coalition are waging campaigns to prevent a corporate monopoly on water. But this may not be enough to keep water accessible.

In 2005, NAFTA members extended their original agreement, launching the Security and Prosperity Partnership, negotiated exclusively by corporate representatives and the political leaders of the three countries. Despite the partnership's attempts at secrecy, documents leaked to the Council of Canadians reveal that bulk water exports from Canada to the United States is a long-term goal. Like NAFTA, the Security and Prosperity Partnership discourages the blocking of trade.

Commercial exports of water cannot be stopped if Canada turns on the tap. Why should we fear this prospect? An urban myth holds that Canada has an overabundance of water, which should be shared with our neighbours to the South.

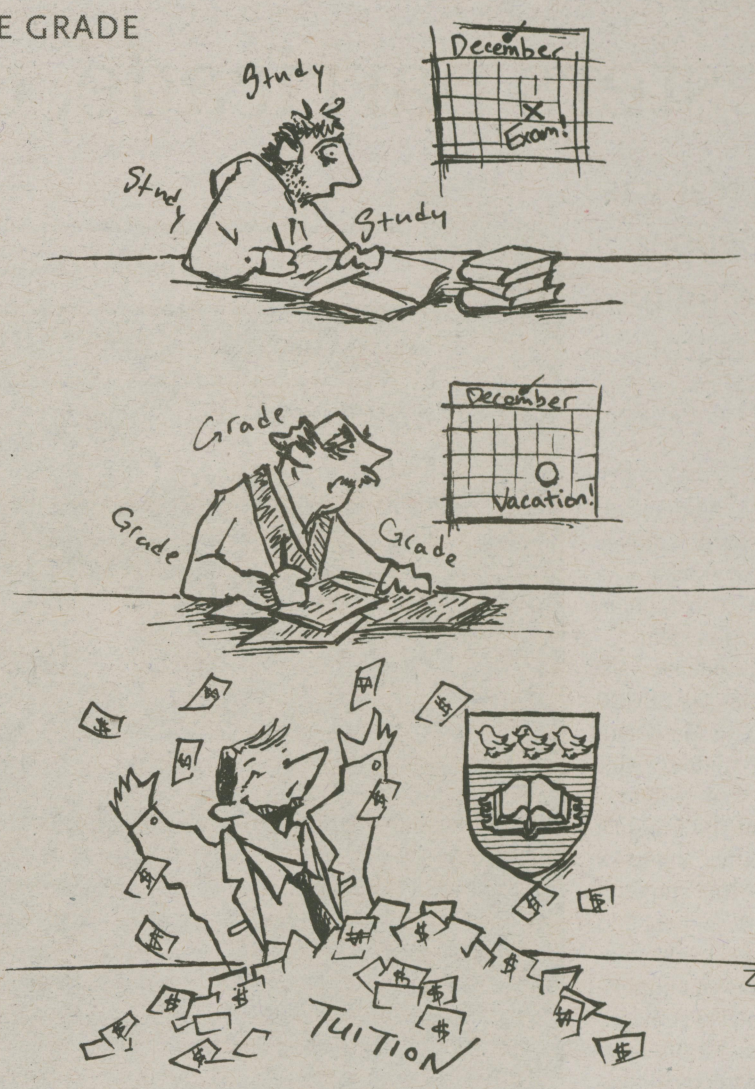
Many proponents of privatization say a cost for water would cut down on water waste. But this doesn't account for the cost to the environment if private interests mismanage the water system. Water is not a renewable resource. Industry and agriculture, occurring on a huge scale in the United States, deplete the planet's fresh water. According to Environment Canada, our country holds barely seven per cent of the world's fresh water supply. Only three per cent of the Earth's water is fresh water. All lifeforms require water to survive.

Exporting massive amounts of fresh water would dry up land and destroy ecosystems, problems already exacerbated by climate change. Once moved in large quantities, water cannot return to its origins.

Privatization is a question of access, and of ethics. Do we want to live in a world where some can afford clean water while others are left thirsty? Do we want to put a price tag on the health of our ecosystem? Water is a fundamental building block of life. Let's fight to keep our access to it free.

Editorial topics are decided on by staff at our weekly editorial meeting at 3:30 p.m. every Friday in the Martlet office (SUB B011). Editorials are written by one or more staff members and are not necessarily the opinion of all staff members.

MAKING THE GRADE



JENNIFER ZHOU GRAPHIC

LETTERS

Don't blame the feds

It seems that during Adam Terpstra's rant about Stephen Harper's new tax cuts (Tax cuts are narrow-minded, Nov. 8), he might have forgotten to do some research to support his case. Had he bothered to do so, he would have realized that, in fact, the enormous budget surplus has little to do with cuts to services (indeed, in 2007, Harper's budget spent more money than any other in Canadian history, although admittedly, not all in the best areas), but rather has to do with economic factors: low unemployment, booming economy, strong dollar, etc.

He should have also realized that the priorities he wants more funding for, health care and education, are both provincial responsibilities. We don't even have a federal department of education. Constitutionally, the amount of sway that the federal government has in those areas is limited to increasing transfer payments to the provinces, but the provinces alone have sole responsibility for improving these areas (the 2007 budget also substantially increased these very transfer payments). Most of his angst, then, might be better directed at Gordon Campbell or other provincial politicians who can actually make substantial improvements to the areas that he is concerned about.

- Aaron Barlow, UVic student

Many birds with one stone

Consider the abundance of a food source running around UVic, wasted building space there (anything used to support the anti-human activists on student council), homeless people in Victoria, and government's desire to stabilize them with housing. The solution to several problems becomes clear.

- Keith Sketchley, Saanich, B.C.

Police still deserve respect

The death of Robert Dziekanski is a tragedy and this incident is quite rightly being thoroughly investigated, however the gratuitous criticism against the RCMP specifically, and the police in general, is offensive. Every day, our police officers are confronted by circumstances where split second decisions must be made that can mean the difference between a good resolution and a catastrophe. We need to bear this in mind when events occur and remember that our police officers do an extraordinary job across our country serving our public.

- Keith Martin, Esquimalt – Juan de Fuca MP

Addicts need programs

I'm a UVic student with a past. Until one year ago, I was an injection drug user of both opiates and cocaine.

I have frequented the needle exchange programs in various cities, and consider myself to be intimately knowledgeable about the pros and cons of such sites. The AIDS Vancouver Island centre here in Victoria is providing a vital service (Clean up or else, Nov. 8); having the service available does not promote drug use — we would use with or without them. But with them, we are using safely.

Victoria has a real problem with access to treatment (I speak from experience), with long wait lists and small time slots for accessing resources. AIDS Vancouver Island does a great service by operating "after hours," and I wish I had been in Victoria when I was originally looking for help.

Now, I'm a student, I work, and what you'd call a "functioning" member of society. Without resources such as AIDS Vancouver Island, I'm sure I'd be sick, dead, or in jail right now.

Step up the funding and hold back on the judgment, please. Addicts need not be written off, we just need support and easier access to resources.

- C.K., UVic student

Mugs more red than green

In celebration of becoming greener the bookstore has been selling "Earth Friendly" coffee mugs to eliminate the use of disposable cups on campus. I was happy to buy a mug to show my support for the green movement but was dumbfounded when I found a small sticker that said it was made in China.

China has two cities that are among the top 10 most polluted in the world. This is likely due to relaxed and poorly enforced environment laws. Having travelled throughout China, I can't imagine how much more pollution was created to have these mugs manufactured in China rather then in a different country. I would also think that the CO_2 emissions from the boat or plane ride across the Atlantic would be a bit on the steep side. The emissions from shipping anything halfway around the world from a country with one of the worst environmental standards would be enough to disqualify anything from being Earth Friendly.

I don't see how the Earth is really benefiting from these mugs. I am not sacking reusable coffee mugs but am hoping for more thought when it becomes time to select the next green initiative.

- Jordan Ezzy, UVic student

Happy? Sad? Enraged? Engaged?
Tell us: letters@martlet.ca
The Martlet has an open letters policy and will endeavour to print every letter received from the university community. Letters must be submitted by e-mail, include your real name and affiliation to UVic, and have "Letter to the editor" in the subject line. Letters must be under 200 words and may be edited.

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Police watchdog needed

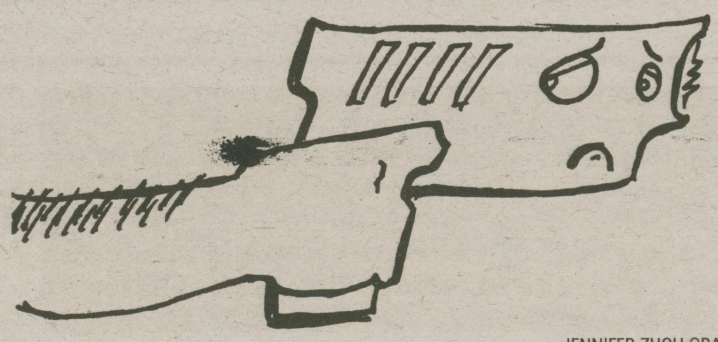
Allan Ferguson

It is easy to see why the RCMP wanted to keep the video of Robert Dziekanski's Taser shock and death from the public.

It only gets worse when one considers that some of the initial claims of the RCMP — that the area was too crowded for pepper spray to be used, that there were three officers present and that Dziekanski fought with them, for example — are shown to to be false.

It is always important to be critical of the police and military, as they are the instruments of the state's "legitimate use of force." The Dziekanski incident shows we haven't been critical enough.

In the video, Dziekanski is clearly upset and frustrated — anyone who has spent extended amounts of time in transit can understand his frustration. Besides tossing around a few inanimate objects, he doesn't appear violent. Several bystanders approached him to attempt to calm him down. The RCMP, however, resorted to using a weapon against him almost immediately upon their arrival on the scene. Unarmed civilians were not afraid of this man, but the police apparently were, even leaving him handcuffed as he lay dying on the floor.



JENNIFER ZHOU GRAPHIC

When did the police become such cowards? This may seem inflammatory, but when four armed men who are supposed to be trained in unarmed combat do not even attempt to resolve a situation with a unarmed man without using a weapon from 20 feet away, what other word is there?

The officers at the Vancouver airport that night took the easy way out in dealing with a man who was wielding nothing more dangerous than a stapler. They made no attempt to test Dziekanski's disposition for themselves. When the safety of a member of the public is involved, we should expect more of law enforcement. The role of the police in this incident was turned on its head. It is fundamental that this be rectified.

Such police incidents are investigated by the police themselves. The police tend to argue that this is appropriate because only experienced officers understand the issues involved and what is necessary in certain situations. They are telling us, in effect, that the police themselves should decide how much force that they should use against us. But when some officers use a Taser first and ask questions later, take suspects to Stanley Park where they administer their own justice, or leave natives in alleys or on the Prairies in the winter to die, this proposition is chilling.

It is odd there is any discussion as to whether the police should be overseen and investigated by civilians. The people from whom the police derive their authority and are meant to serve should be the ones to scrutinize their actions. This is currently not the case, but perhaps this incident will finally polarize public opinion on the issue and make it so. If any good comes from Dziekanski's death, this should be it.

Of course, it may be argued that these incidents are rare and such changes are not necessary. But if it happens at all, it happens too often. Remember that saying that if you save a life you save the whole world? It works the other way, too.

Just ask Robert Dziekanski's mother.

Tax cuts aren't 'one-dimensional'

Mike Boultbee

Adam Terpstra's article on the "one-dimensional" nature of income tax cuts (Tax cuts are narrow-minded, Nov. 8) makes erroneous claims. It also ignores the economic benefits of tax reduction.

First, Terpstra said Harper cut spending in many different areas, such as health care and education, to reach a surplus. This is not the case. In the last federal budget, spending increased by $25 billion, and average per capita spending was at $5,857. When you consider that is more than the average per capita spending of Trudeau's Liberal welfare era, and that this budget set a national spending record for a government budget, it is difficult to make the claim there were any reductions.

The article also implies the federal government only has the capacity to cut taxes or increase spending on health care and education — not both. This false dichotomy was disproved by our provincial government. In 2001, Gordon Campbell introduced an income tax cut of 25 per cent for all brackets. Yet health care spending was increased by $1.1 billion and education spending climbed one per cent. Moreover, in doing both, the government still managed to run a surplus.

Finally, Terpstra asserts that tax cuts only serve purposes of electoral gain. In fact, tax cuts serve another, more important purpose — by putting money back in the pockets of hard-working Canadians, we increase consumption, thereby stimulating growth and helping the economy.

For example, if you look at income per capita among countries, you will notice that countries with lower income tax rates — Luxembourg, the United States, Ireland, Iceland, and Canada — are higher than in those with higher tax rates — Belgium, Sweden, France and Germany.

There is a clear causal link between tax rates, growth and economic benefit.

Tax cuts also help lower unemployment. While the average unemployment rate of the low-tax countries is 4.1 per cent, the average among the higher-tax countries is 7.4 per cent. Lower taxes result in more money being put into the economy, which increases business revenues, allowing companies to hire more workers and fill more jobs.

Tax cuts are vital to a healthy and vibrant economy. Moreover, it is possible to operate a surplus while cutting taxes and increasing spending in vital areas, such as health care and education. Income tax cuts are not "Mickey Mouse" legislation; rather, they are important policy tools.

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Supports for homeless need adjustments

Cloe Williams

Homeless rates are increasing at an alarming speed.

We like to think that we are progressing as individuals and as a society. We look back on our history and shake our heads at the Dark Ages, glad that we have finally found the light with our savvy technology-based world. But we need to look no further than our own backyard to see the health and deterioration of people living on the streets.

Jan. 15, 2005 was proclaimed Homeless Day by 10 Greater Victoria municipalities. Between noon and 6 a.m., volunteers branched out across the city, counting roughly 700 people living on the streets, with 47 children dependent on someone homeless. This number has only gone up, with the Victoria Homeless Needs Survey counting 1,151 people in February this year.

Why are the numbers increasing and how can we help? The root of the problem lies in the help they are receiving. The homeless are being aided by government funding and food banks. The money they earn panhandling is spent on drugs, and the cycle continues.

It is a losing battle because the homeless population does not have a real incentive to change. Victoria has the warmest climate in Canada, as well as shelters to stay in when it gets too cold, and the rich community ensures that no one will starve. For many, homelessness is a lifestyle.

The majority of homeless people are male and nearly half of the homeless population self-identify as First Nations, although the indigenous people only make up 2.8 per cent of the populace. Most are homeless because of some kind of addiction, abuse or eviction.

As a community, we need to change our perceptions of the homeless epidemic and redirect our assistance in order to help the homeless help themselves. We can set up addiction treatment centres and launch a campaign geared toward educating them about the damages of drug use, as well as giving them ways to stay clean.

For many, homelessness is a lifestyle.

If we take away their welfare and food, they will be forced to spend their money earned panhandling on their survival, rather than recreational use. The only way to help an addict recover is to let them hit rock bottom. From there things can only get better.

It is a common misconception that the majority of the street population has migrated from other places, when in reality the bulk come from Victoria.

These are people from our community who have fallen off the bandwagon, so it is our job to take the necessary actions to create change and get them back on track.

Only then can the growing number of homeless people start to decrease.

The old ways of helping have not worked, so it is up to us to make the changes needed to bring health and vitality back to our community.

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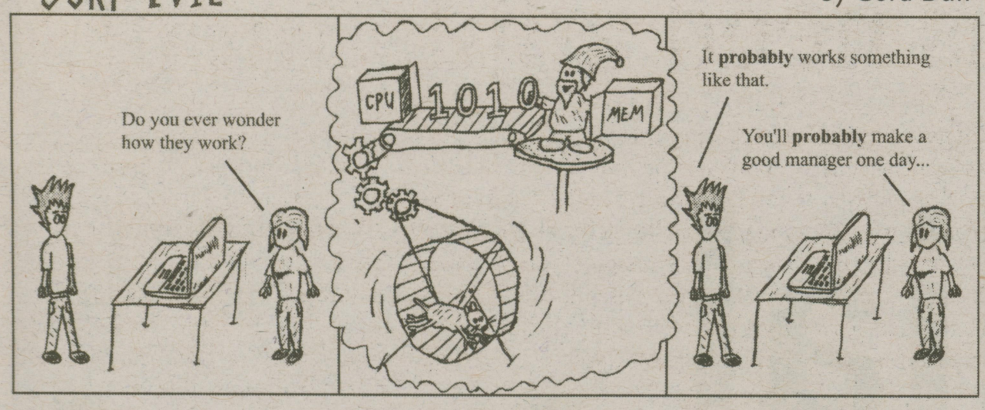
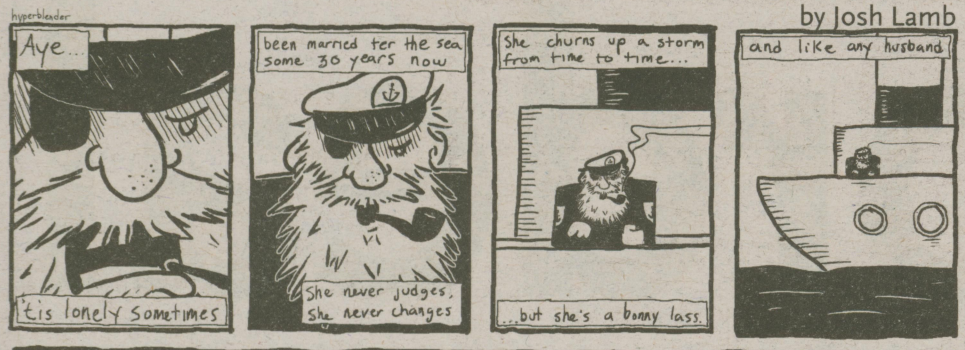
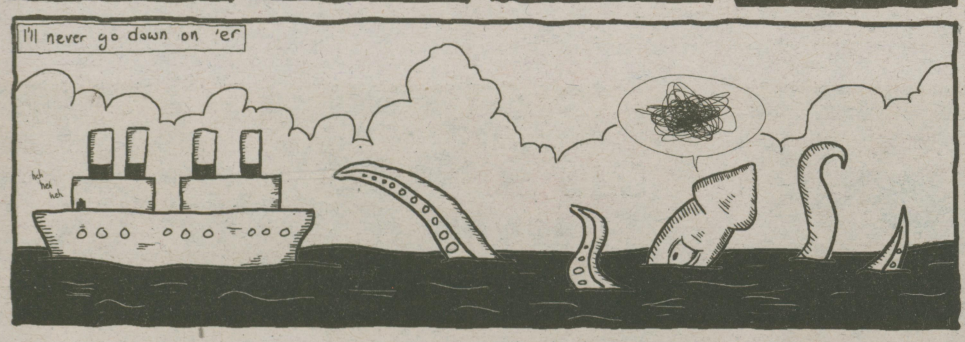
by Gord Duff


Do you ever wonder how they work?
CPU
1010
MEM
It **probably** works something like that.
You'll **probably** make a good manager one day...

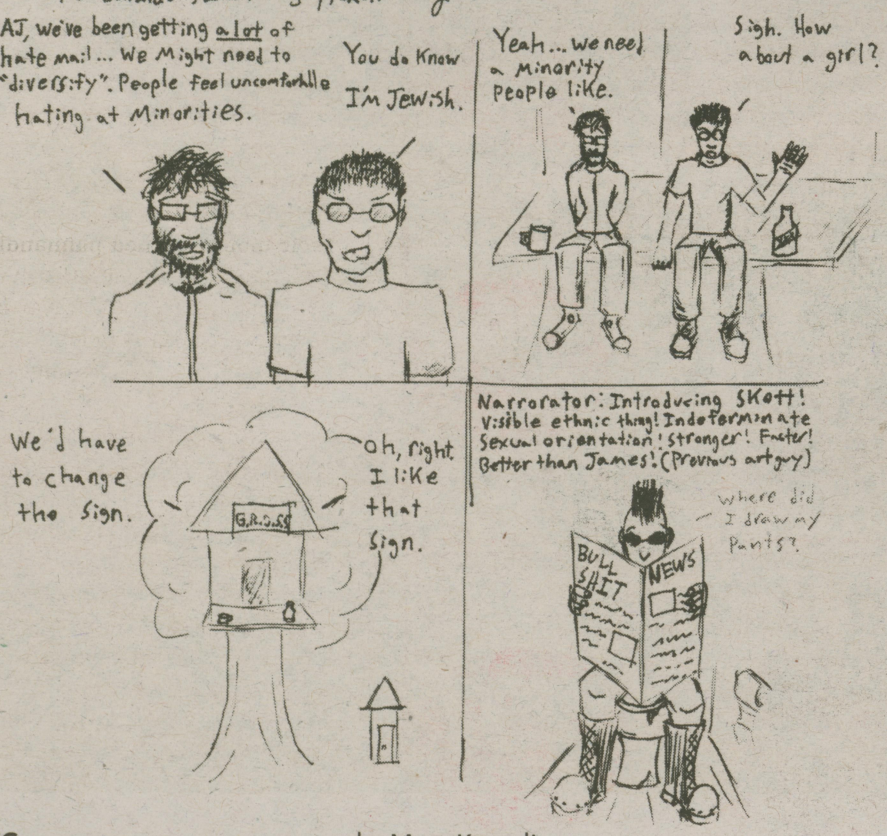
by Josh Lamb


hyperbleader
Aye...
'tis lonely sometimes
been married ter the sea some 30 years now
She never judges, She never changes
She churns up a storm from time to time...
...but she's a bonny lass
and like any husband



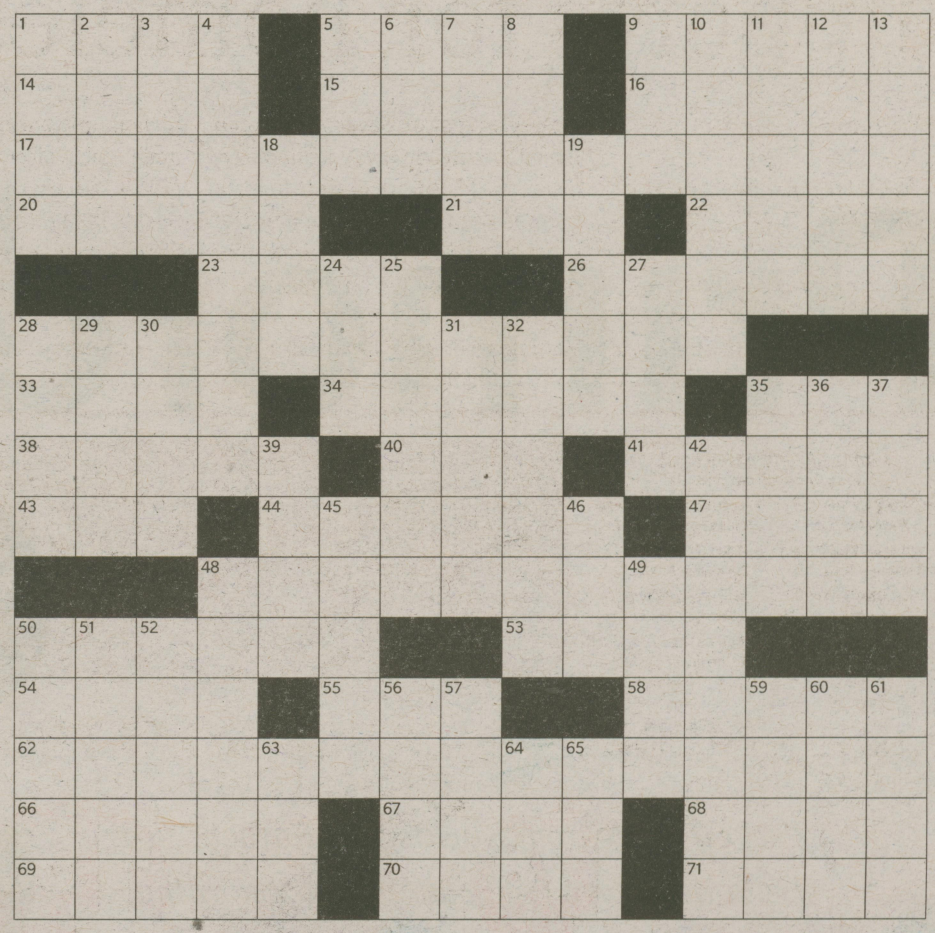
Three Men in a Boat v.2

A.J. Batalden, Liam Begley, Skott Wong


AJ, we've been getting a lot of hate mail... We might need to "diversify". People feel uncomfortable hating at minorities.
You do Know I'm Jewish.
Yeah... we need a minority people like.
Sigh. How about a girl?
We'd have to change the sign.
G.R.O.S.S
oh, right. I like that sign.
Narrorator: Introducing Skott! Visible ethnic thing! Indeterminate Sexual orientation! Stronger! Faster! Better than James! (Previous artguy)
Where did I draw my Pants?
BULL SHIT NEWS

The Martlet Crossword

by Niko Skartvedt and Lyndsay Watson



Across

1 One that progresses with time
5 These can be white if it is windy
9 "Go take _____" (command to a child around bedtime)
14 Character in "The Big Lebowski"
15 Type of exam
16 Earth
17 It was good enough for Moses
20 Fire starter
21 She wrote the first computer program
22 Valuable metal
23 Long periods of time
26 Tidily
28 "Tell her what she's won!"
33 Englishman, slangily
34 They're mine, and they're little
35 Fleur de ____
38 Slip or fail
40 Telemarketers may use this technique (abbr.)
41 Deteriorate
43 Ender of some organic compounds
44 ____ to ____
47 Succeeded with great effort
48 What you are working on past the deadline
50 Saps
53 Type of gull
54 Capital of Nevada in reverse, or a hole on the first shot
55 Will pay later
58 A. A. of the hundred acre wood
62 What a bride might have if everything is going wrong
66 Digital message
67 Christian of 'Equilibrium'
68 E of QED
69 Units of force
70 James Bond movie, in abbreviation
71 Net in the Colosseum

Down

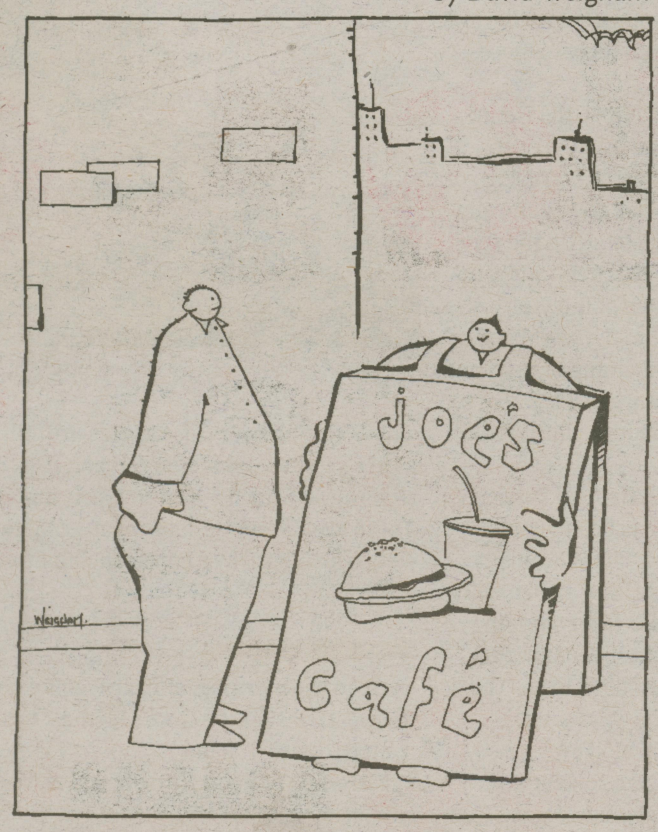
1 Hubbubs
2 Bigger than a swallow
3 Poetic sagas of Iceland
4 Falls back
5 Follows a dot
6 Second person singular of 'to be'
7 Prefix meaning similar
8 Vehicle that works best with gravity
9 Graphics cards manufacturer
10 Panhandler
11 "That would be _____" (really funny)
12 It might be under a bridge
13 What men are when a jam jar needs opening
18 Symbol (archaic spelling)
19 Arthur's best friend
24 Political group in Canada
25 One you might kick at night
27 You can do something with this
28 Having the power
29 Kind of cereal
30 Ready for picking
31 Put an ____
32 Old women, sometimes
35 Norse god of trickery
36 Same as before
37 Mobutu ____ Seko, Dictator of Zaire for 32 years
39 English school for boys since 1440
42 Merchant
45 Welles or Card
46 Cry of fear or surprise
48 Hole in one under par
49 Unable to speak
50 Paddled backwards
51 Nemesis
52 It probably has four doors
56 PBS broadcast in Boston
57 Dutch cheese
59 Entice
60 Concise
61 This in Spain
63 This system helps when approaching a runway in cloudy weather (abbr.)
64 Gore and Pacino
65 Assenting vote

MeiCom

by Mary Karaplis

DAVE

by David Weigham



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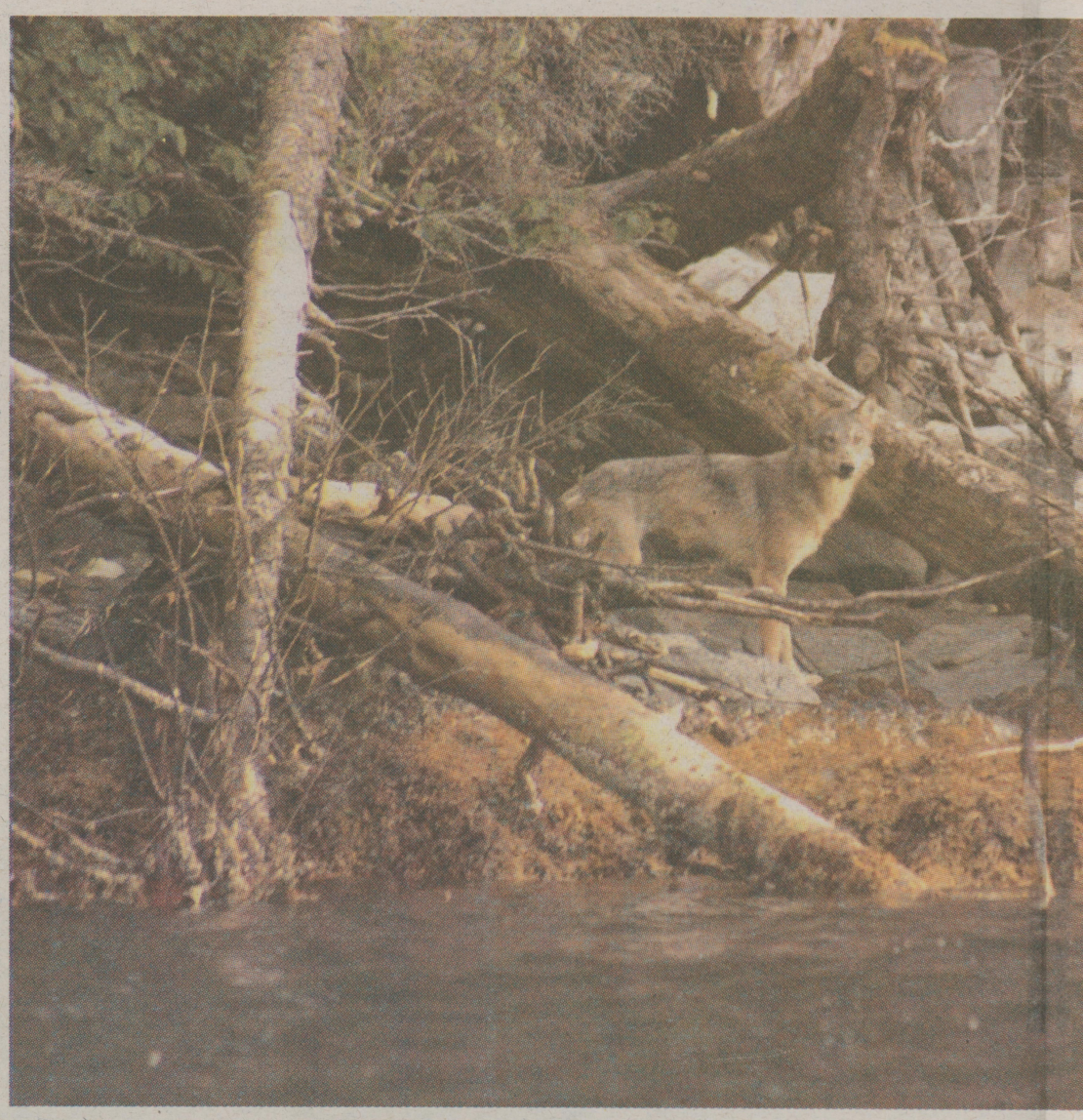
PFT! I'M A DRUM TECH, MAN. BABYSITTING SOME HAIRY MUNCHKIN AIN'T MY JOB.
EARL SAYS YOU'D BETTER MAKE IT YOUR JOB, OR STARTING TOMORROW YOU WON'T HAVE ANY JOB.
TYPICAL. HE'S ALL THREATS WHEN SOMEONE CAN SAY IT FOR HIM. TOO BAD HE'D NEVER HAVE THE STONES TO TELL ME HIMSELF.
HE SAYS HE WANTS TO TALK TO YOU.
TELL HIM I'M IN THE WASHROOM.

Primordial ordeal

The tale of one man's soul-searching journey into the wild | Ingmar Lee

I set off alone from Klicktsoatli Harbour near Bella Bella on a foggy late-August morning, kayaking southbound for Port Hardy. Destiny allowed me to pass into this wonder of wilderness — to wander through storm-battered archipelagos of Heiltsuk territory and explore an unknown aspect of my being.



Earlier in the summer, I spent a month in hospital for a mysterious fever and collapsed lung before getting diagnosed with pleural tuberculosis. Having faced my own mortality, I needed to reconnect with my place in the world somehow.

As I paddled abeam of McLoughlin Bay where the BC Ferry to Bella Bella docks, the terminal slowly disappeared. The sea was placid, coated by a deep silence with periodic flops of coho salmon. The fuzzy silhouette of the forest slid by and disappeared, followed by the little whirlpools sizzling off my paddletips. The Klaskish, my 19-foot kayak, bounded gently along, as paddle rhythm settled into breathing, and breathing settled quietly into pulse. Breathing by nose, when all these are in synch, the distance slips by ever so effortlessly. I slept on a crushed-shell beach that night on an unnamed islet.

Exploring Heiltsuk territory

The botanical splendors of Heiltsuk territory have evolved with a continuous and persistent human stewardship. People were here before the forests, and generations of ancestors have influenced and shaped its magnificent efflorescence.

As with all advanced civilizations, the Heiltsuk people were deeply woven into the evolving whelm of biodiversity. Their stewardship enhanced and encouraged what grew naturally in the land and sea, as contrasted with the scientific reductionism of modern, chemical monocrop agriculture. With so much of humanity now alienated completely from the world and absorbed instead into all-consuming barbarism, we yearn to get back into nature. And so too, this magnificent forest also mourns for its lost human element.

The historic footprint of the Heiltsuk Nation is now only vaguely visible. It has been virtually absorbed into the forest maw. There is an outline of a long-fallen Big House, now structurally suggested by new Sitka spruce trees standing at each corner, with roots suspended horizontally in mid-air where the logs used to be. The water-soaked cross-logs through which the roots once grew became saturated over years, and then rotted away completely, leaving the roots exposed in an empty cylindrical web.

Elongated triangles of bark-strip or plank-split wounds on cedar trees, with calluses slowly closing over the catfaces are still visible, as are extensive clam-garden and fish-trap stoneworks which adorn so much shoreline. These are the subtle signs of an enlightened society which left an enhanced habitat for future generations.

INGMAR LEE PHOTO

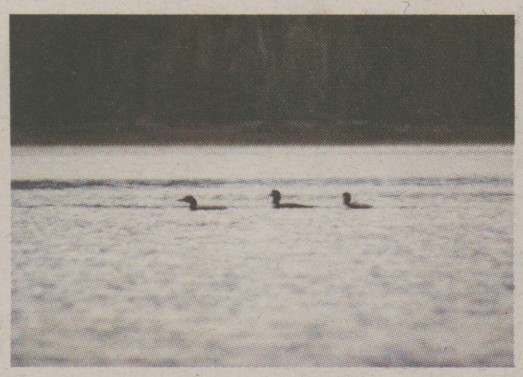
Having faced my own mortality, I needed to reconnect with my place in the world somehow.

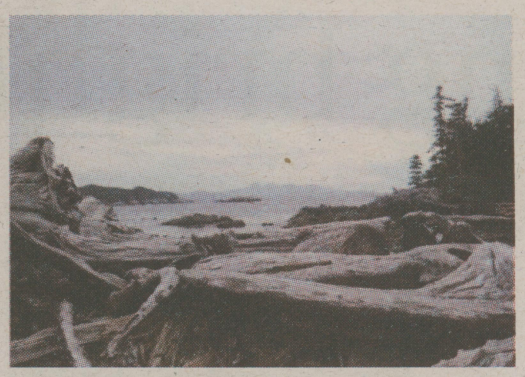
Sandhill cranes

Early in the morning, after travelling down the west coast of the Goose Islands, I shaped a course toward Triquet Island. As I pulled my kayak onto the idyllic little beach at Triquet, I saw fresh Sandhill crane tracks in the sand.

It's a special occasion to see a grizzly bear, wolf or cougar in the wild, but nothing compares with the excitement of watching a sandhill crane coming in to land. One hears these elegant birds approaching before they are seen, but their call cannot be transliterated, as can be done with owls ("Who cooks for you, who cooks for you"). Famous naturalists Aldo Leopold, John Muir and even Henry Thoreau all tried, and failed to describe it.

The Sandhill crane's call is a reedy chittering skirl which can be heard a long way off. The cranes glide in along the treetops on two-metre wings with their spindly legs pointing straight out behind. But as they approach their landing, they stall at about 50 metres in the air and rotate their bodies to splay out their legs below.





INGMAR LEE PHOTOS (5)

KRISTA ROESSINGH PHOTO

INGMAR LEE PHOTO

Then declining their wings into an inverted V with wingtip primary feathers bent back like Bharat Natyam dancers, they parachute precariously down to the beach while raising a great cacophony.

Whale of a time

The next day, I crossed Kilditdt Sound and Hakai Pass and was approaching the famous sandy sweep of Wolf Beach on Calvert Island when I saw the solitary fin of an orca whale travelling west, perpendicular to my course, about two kilometres ahead.

When one goes out into nature without a gun, chainsaw or pickup truck, the sensation of fear is real. It manifested in me as a tightening of the solar plexus and I felt the rush of adrenaline coursing into my veins. I set off on this excursion with basic tools — VHF radio, GPS and a compass. I was proceeding with a calculated awareness of the limitations of my seamanship skills. Nevertheless, one anticipates and accepts the possibility of serious injury or death. Trouble can come suddenly out of nowhere, or one can watch its unstoppable approach. In spite of no record of any harm ever having been done to a human by this species, the sight of a large lone orca struck a twinge of fear into my heart.

When one goes out into nature without a gun, chainsaw or pickup truck, the sensation of fear is real.

The whale surfaced and blew, and as I watched the fin slowly arc back under the water, I knew it had changed course and was now headed for me. Once again — closer this time — the fin came up and went down. Soon it was 30 metres directly ahead, and I could see the nearly two-metre high fin wobble as it plunged slowly under again. It was clear that I was the object of its interest. I maintained course and speed, and sensed the whale "pinging" me with its sonar. Limited by our visual world, we cannot comprehend the clarity of the sonar submarine landscape seen by whales — we just don't understand that language.

The whale surfaced 10 metres off and for several moments, we looked eye to eye. Then it was gone. And for whatever might have been communicated between us, my fear was gone too.

Three minutes later, a large fin suddenly emerged from the water directly in front of the kayak. I piled straight into it and felt it rasping along under the hull. I looked down and saw a large grey and white creature the colour of a halibut, and about the size of a beluga. It must have been a shark, by the rasp of its skin, but having barely recovered from being in the thrall of the whale, my first thought was that I had collided with the orca.

Later in the trip, I was surrounded by a pod of six humpback whales near Egg Island, exhaling whole roomfuls of air which lingered for several minutes in 15-metre spouts of vapour. After three or four spouts, their great tails rose up and then arced slowly under as they dove. They would stay under for up to 10 minutes and then resurface several kilometres away.

The Queen of Chilliwack, the first boat I had seen in five days, appeared to alter course to pass nearby — presumably to see if I was OK. I doubt they see a lot of people kayaking that far offshore.

The tail end

With the gentle wind pushing me, I passed numerous beautiful beaches where I could have camp. But I was still enjoying the motion and pressed on.

I finally pulled into Skull Cove on Bramham Island, due north of Port Hardy. Having paddled 62 kilometres that day, I pitched my tent in the sheltered cove and went straight to sleep. All of my clothes were soaked, but I had taken care to keep my sleeping bag, a T-shirt and wool long johns dry.

When I awoke, it was raining. I passed on the coffee, struck camp and set off into a thick fog to cross the Queen Charlotte Strait. I picked up my final landmark and plunged into the mirk. For the next three hours I dead-reckoned by compass without any visual reference. My first sight of land turned out to be Nigei Island, so I headed through Browning Pass and set my final course for Hardy Bay.

At the entrance to the harbour, through the fog, I saw a humpback tail sinking slowly under the waves about 20 metres away. Rounding the point, the blast of the noise of progress and development obliterated the cocoon of natural soundscape which had enveloped me during the previous week. It was back to civilization.

DRINKING WITH DEREK

Layering brightens every drink

Creating perfect layers to a shot isn't just about the ingredients you use — technique is important too

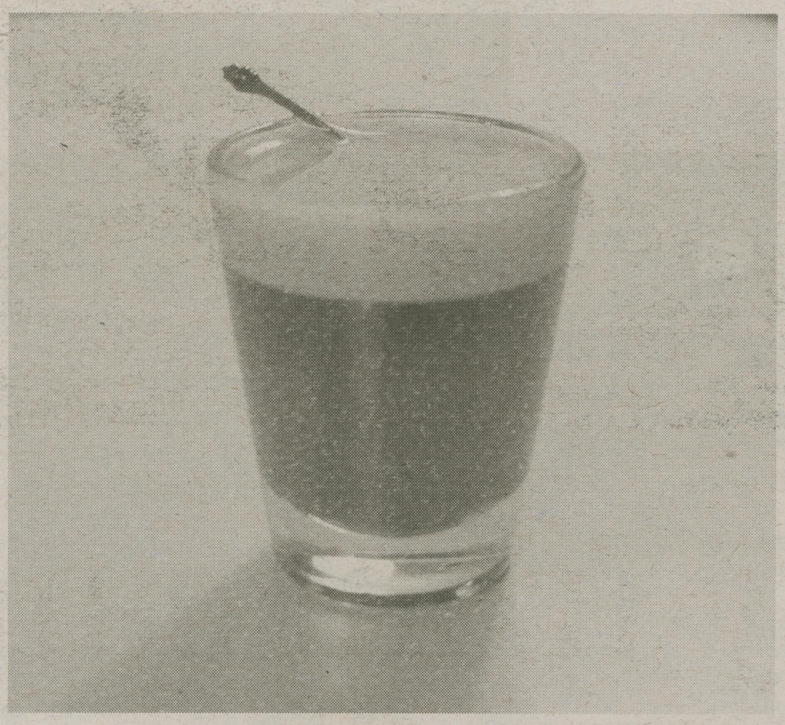
Derek Mandel

A layered drink is simply that — a drink with layers.

They can exist as martinis, cocktails, virgin drinks or shooters. Shooters are the most common example, and an infinite amount of possibilities exist. Although the ingredients do play an important role in both flavour and layers, the method for creating layers is even more important.

Some liquids will naturally form layers with one another, such as oil and water. These are immiscible liquids — they do not mix. Any liquids that are miscible (all liquors) need to be of different densities to be kept separate. The more dense liquor will sink to the bottom and the less dense will rest on top. A great list of liquor densities can be found at www.drinknation.com/bartending/densitychart.php.

Surface tension — the force one can apply to the surface of a liquid without breaking it — is also important. Think about how little effort it takes to push your finger into water. Surface tension keeps the layers separate, so the amount of pressure over the entire surface of the layer should be minimized. Layers won't form if the ingredients are splashed together, as this breaks the surface.



DEREK MANDEL PHOTO

Layers can add impressive flavours as well as beauty to your mixes.

There is, however, a careful method which will slide one layer onto another. Adding the first liquor is easy — just pour it into the glass. To add additional layers, very carefully and slowly pour the next liquor down the side of the glass. This way the next layer will glide and settle over the first.

When making a layered drink, be sure to add the ingredients in the order listed. The glass used is also important. It should be as tall and skinny as possible to minimize the surface area of each layer.

Question or comments? E-mail drinkingwithderek@martlet.ca

Shooter favourites

CHOCOLATE COVERED CHERRY

1 part grenadine
1 part dark crème de cacao
1 maraschino cherry
1 part Bailey's Irish Cream

Add in the order listed into a 60 ml (2 oz) glass to create a three-layer effect: grenadine on the bottom, crème de cacao in the middle and Bailey's on top. The cherry should rest in the middle layer, hence the name of Chocolate Covered Cherry. Makes one drink.

CHINA WHITE

1 part white crème de cacao
1 part Bailey's Irish Cream
Sprinkle of cinnamon

Add in the order listed into a 30 ml (1 oz) glass to create a two-layer effect: white crème de cacao on the bottom and Bailey's on the top. Makes one drink.

B-52

1 part Kahlúa
1 part Grand Marnier
1 part Bailey's Irish Cream

Add in the order listed into a 60 ml (2 oz) glass to create a three-layer effect: Kahlúa on the bottom, Bailey's in the middle, and Grand Marnier on top. This an example of why you trust the recipe, not the logic. As the baileys is added it will naturally find its place in the middle layer, instead of resting on top as one might expect. Makes one drink.

ASK MISS MARTLET

Cure for hangovers: a little common sense

Danielle Pope

Dear Miss Martlet:

What's the real cure for a bad hangover?

- Partied On

Dear Partied:

The real cure? Not letting it get to that point.

But where's fun without a little indulgence? Inevitably, there will be times you wake up post-wild night to a spinning room, exploding head and yesterday's breakfast-lunch-dinner all over the floor. The experience isn't that unique and, actually, neither is the remedy.

"Liquids, liquids, liquids," said Sara Wegwitz, a registered nurse at UVic's Jack Petersen Health Centre on campus. "Alcohol dehydrates your body, so the key here is replenishing your fluids."

In case you're wondering, that pain in your head is actually caused by your body leaching water in any way it can — even if that means stealing from your brain. Nausea, meanwhile, is your body's emergency response to too many toxins in the blood (the liver can only handle so much at once).

Wegwitz recommends not letting drinking get to that point and said that dehydration is worsened when alcohol is combined with caffeinated drinks such as Red Bull.

As for cures, Wegwitz advised a "tincture of time," rest, a cold compress, drinking fruit juices (for electrolytes) and eating something light. And despite those myths about red-eye drinks (mixing last night's alcohol with tomato juice, etc.), Wegwitz said avoid them.

"At this point your body is already so full of alcohol, it just can't handle anymore," she said.

A safer bet may be to pick out a few pre-tested home remedies from Hungover.net, such as mixing shredded ginger and orange juice to beat nausea, or mineral water and lemon slices to relieve headaches.

The website also boasts a top-10 best-hangover-cure list, noting everything from mixing Gatorade and a low-dose motion sickness pill, to sucking on Pedialyte Popsicles, to collecting beer caps so you'll remember how many glasses of water you'll have to drink.

But Wegwitz emphasised that prevention is the real treatment.

"If you are drinking, set out the number of drinks you will have during the night and stick to it," she said. "Also try alternating each drink with something non-alcoholic."

You may just want to chase those tequila shots with a hard glass of water — on the rocks.

JENNIFER ZHOU GRAPHIC

Got a question? Let Miss Martlet investigate for you: missmartlet@martlet.ca

SHOOTERS ON A SHOESTRING?

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AHMED MUMENI PHOTOS

These eye-catching shots of Sombrio Point along the Juan de Fuca Marine Trail are just a few examples of the scenery that await eager travellers.

Break away from campus

Meghan Dimma

November may seem like the time of year that shouts, "Stay inside and drink tea," but really, what makes November great is what's going on outside your house.

This isn't Ontario. Here, the mild coastal climate makes it easier to bear the outdoors. So take some time away from your books, go outside and step onto the beaches, into the rainforest and around the city to experience the elements that define Vancouver Island.

If you are in for a multi-day trip, a drive up-Island and back might be what you're looking for. The route is beautiful and there are lots of small towns with affordable accommodations to visit.

Qualicum Beach is a must. This time of year there is a weekly outdoor music festival held at the beach on Sundays. And while you're up that way, consider visiting Horne Lake Caves Provincial Park just 30 minutes away.

To get to Horne Lake, follow the signs on Highway 19 North going toward Campbell River. A short trail will take you from the parking lot across a suspension bridge over the Qualicum River to the Caving Centre and information kiosk. From there a trail will then lead you to numerous caves.

Two of the small caves can be explored alone, but you need a guide to check out the bigger cave. The tours are fun and informative. This time of year also offers opportunities to see eagles feeding at the campground next to the park.

Those wanting even more adventure can try a four- to five-hour caving excursion on the Underground Extreme Tour. This includes rappelling down a seven-story waterfall into the depths of the cave and climbing out on a cable ladder. It's only available on the weekends and by reservation.

Closer to Victoria, one event that should not be missed this November is the salmon spawning. If you only have time for one experience on the weekend, make it a trip to Goldstream Provincial Park. Watch as salmon make their epic journey from the Pacific Ocean up to Finlayson Arm, to spawn in the river where they were born.

Two kilometres north of Goldstream's campground turnoff, there is a trail that leads 500 metres to an interpretation centre where park naturalists offer hourly programs from 9 a.m. to 5 p.m. describing the life of salmon and their spawning activity. From there, continue five minutes on foot to reach the head of Finlayson Arm. This spot is also great for birdwatching.

Goldstream Provincial Park is also filled with a number of stunning trails leading to sights such as waterfalls, pools and an old abandoned train bridge. It is also the base to a popular hike up Mount Finlayson, which takes an afternoon.

Take a ferry to Hornby Island. Hand-pick oysters at Fanny Bay, near Parksville.

If spending time on the trails is not your idea of fun, there are a number of neat things to do in and around Victoria. Wine season may be wrapping up outside but most wineries are still open for tasting and purchases. Blue Goose Estate winery and Zanatta winery are just two open wineries located in the Cowichan Valley.

Or visit a small town such as Ladysmith, which has historic heritage buildings lining 1st Avenue — home to many unique shops and boutiques. You could take a ferry to Hornby Island and mountain bike the bench trail. Hand-pick oysters at Fanny Bay, near Parksville.

Stop by Chemainus, famous for its murals and ice cream. Hug the Eik Cedar Tree in Tofino. Collect shells along beautiful beaches in Comox.

If you can't get out of Victoria, become a tourist in your own city. Visit the Royal BC Museum or the Royal London Wax Museum. Watch a theatre show at the Royal Theatre on Broughton Street, or a 3-D film at the IMAX theatre. Take a stroll through Butchart Gardens or visit the Marine Ecology Centre in Sidney for a hands-on exploration of sea life. Check out a poetry reading or an open mic night at a café you've never been to or window shop down Government Street.

Vancouver Island is full of beautiful getaways that would rejuvenate any student. If you have time this weekend, pack your bags, get your friends together and embark on an adventure that will let your body re-energize and your mind relax.

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Comedian laughs past depression

What: An evening with David Granirer
Where: Eric Martin Pavilion (190-2334 Trent Street)
When: Sat. Nov 24 @ 7 p.m.
How much: By donation

Sam VanSchie

There's something funny about mental illness, at least according to David Granirer.

The Vancouver-based counsellor/comedian/author/professor will be in Victoria on Nov. 24 performing standup comedy and screening *Cracking Up*, a documentary based on his work teaching people with mental illness to be comedians.

Granirer, 47, was diagnosed with depression, but doesn't see that as a reason to sit around and suffer or fall into one of the unsatisfying jobs that a typical mental health rehabilitation program might lead to.

"We're crazy, not stupid," Granirer said of people with mental illness.

Granirer wanted to develop a new form of counselling, so he founded Stand Up For Mental Health, a year-long class to help others follow in his footsteps by finding humour in their own illnesses. Together they turn their anec[redacted]es into stage-worthy material.

When Granirer decided to try standup for the first time he didn't have such a supportive environment to practise in. It was the early '90s and he was working at the Vancouver Crisis Centre. On a whim, he decided to prepare an act for an amateur night at Punchlines in Vancouver — a night that almost stopped his comedy career before it began.

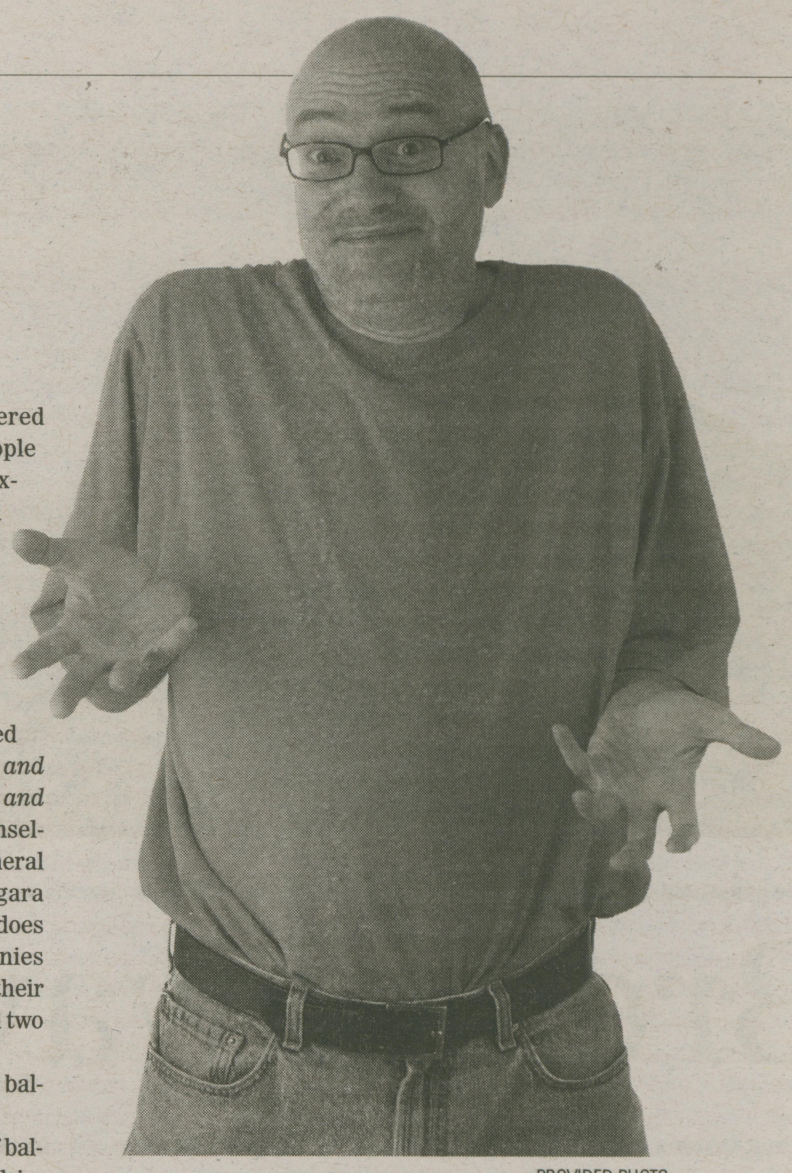
"I completely bombed," Granirer recalled. "It was like five minutes of dead silence."

But Granirer was persistent. He enrolled in an eight-week comedy course, kept going to amateur nights and eventually discovered routines that would make people laugh — ones based on his experiences with depression and psychiatric hospitals. He said the process was therapeutic for him because he could talk openly and comically about his experiences.

Granirer also shares his success in a self-help book called *The Happy Neurotic: How Fear and Angst Can Lead To Happiness and Success*. He continues his counselling practice and teaches a general standup comedy clinic at Langara College in Vancouver. He also does workplace training for companies looking to bring laughter into their office. Oh, and he has a wife and two kids.

This, according to Granirer, is balance. Well, sort of.

"I'm not a textbook example of balance," he said. "I'm totally fear driven ... and maybe a work-a-holic."



PROVIDED PHOTO

Therapy meets comedy with David Granirer.

Guitar Hero III will eat your evenings

Guitar Hero III
XBox 360, PS 2 and 3, Wii, PC and Mac
Activision

Marri Knadle

Guitar Hero is back, and more addictive than ever.

The wireless Gibson Les Paul guitar controller in the *Guitar Hero III* XBox 360 bundle boasted pre-release features including increased sensitivity and a customizable look with changeable faceplates. It did look nice, but mine was defective right out of the box (the strum bar and a few fret buttons refused to cooperate). Needless to say, I was sorely disappointed.

Factory defect aside, the Les Paul is fairly heavy, and the detachable neckpiece (while convenient for storage) made for some wobbly moments. The Les Paul seems to be more of a stylish impediment to comfortably rocking out.

The game itself, however, is pretty darn swell. *Guitar Hero III* has a few new features to set it apart from earlier versions, such as boss battles and a new kind of two-player dueling. But the fact remains that the pull of the game is still simply playing guitar and enjoying your favourite songs. The new menu design and extra characters are just icing on the dense, delicious cake of the track list itself. The songs are impressive with fewer covers and more original songs than the *Guitar Hero* prequels. Downloadable content, primarily songs and a few as-yet undisclosed goodies, promises more opportunities for XBox Gold Live subscribers.

There's a world of achievements to unlock on the 360 for all skill levels, with varying gamer point rewards. Botch a song over 90 per cent of the way through? There's an achievement for that. Complete Career Mode on Expert difficulty and you become the Right Hand of God. Completing all Career difficulties, though, may be more frustrating than it was in *Guitar Hero II*, as the gap between skill levels and even song sets within each skill ranking is more pronounced.

The online features give the game essentially unlimited play, even beyond what it may take to finish all Career Mode difficulties and unlock every character, outfit, guitar and song. The co-op online play is available for good times with far-away friends who don't have a vicious competitive streak, and duels for those who do. The *Guitar Hero* website goes further in supporting the community potential of the game, with lists of player achievements and upcoming tournaments.

The anticipation building up to the release of *Guitar Hero III* has been keeping the XBox 360 bundle off most retailer shelves, with no firm re-supply date in sight. The *Guitar Hero II* controller and the disc itself seem to be widely available, as are PS2 bundles. Whatever combo of software and hardware you choose to go for, it's well worth getting your hands on. Make sure your essays are out of the way first, though. This game is an addictive time-killer.

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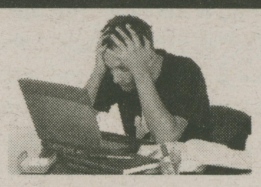

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Picturing local artists

Book's photos are featured in UVic's Maltwood Gallery

Deb Daudin

Local artist and writer Robert Amos has been collecting photographs of other artists' studios for more than 15 years.

As a weekly arts columnist for the Times Colonist since 1986, Amos has interviewed many artists. Each time, Amos would ask to photograph them in their workspace. He has taken portraits of some of Canada's best-known artists who live in and around southern Vancouver Island.

A couple of years ago, he printed some of those studio portraits with his arts column. Victoria-based publisher TouchWood Editions saw the photos and asked Amos if he would be interested in assembling more of these artist souvenirs together in one book.

That one artist should find it interesting to photograph other artists in their studios is no surprise. The painter in Amos is keen to understand other artists' techniques and philosophies.

"For me, visiting artists' studios is one artist looking at another artist's work," Amos told a small gathering at the book launch for *Artists in their Studios: Where Art is Born* at Bolen's Books earlier this month.

For his book, Amos chose 31 artists — 33 if you count the studios of Amos and his wife — whose work inspired him. Amos made photo-collages with the pictures he had accumulated over the years.

Artists in their Studios is more than just a photo album. Wherever possible, Amos has carefully grafted together his photos to make a mosaic of photographed images. Then, using watercolours and acrylic paints, he embellished the collages by painting in the missing parts over and around the photos. The result is one panoramic photo that could have been taken with a wide-angle lens.

There are also stories about each artist. Biographical details are spiced up with cleverly crafted personal anecdotes, allowing the reader to delve deeper into the artist's persona and space.

Amos has some enlightening moments to share — he is particularly enthusiastic about a meeting with landscape painter E.J. Hughes who lived tucked away in a modest little house in Duncan until his recent death.

"E.J. Hughes was a kind of saint," Amos said. He adds in the book that, "we'll never see his like again."

Another studio and artist included in the collection is the attic studio of Emily Carr in her Simcoe Street house, the House of All Sorts. This space is no longer open to the public, and the photo-collage in the book provides a chance to see the ceiling painted by Carr that today is protected by heritage legislation.

An exhibit opening Nov. 22 at UVic's Maltwood Gallery will be held in conjunction with the book launch. The exhibit will feature large-scale versions of Amos' photo-collages taken directly from his book.

Alongside the studio portraits will be original artwork by each of the featured artists, drawn mostly from the Maltwood's collection.

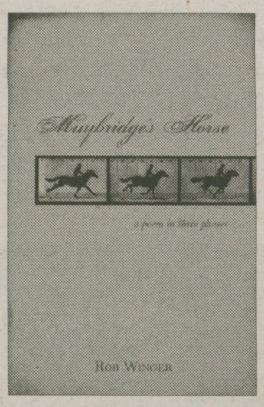
The exhibit runs until March 31, 2008. The gallery, located in the University Centre, is open Monday to Friday from 10 a.m. to 4 p.m.

AUBREY BURKE PHOTO

Robert Amos signs *Artists in their Studios* at Bolen Books on Nov. 5.

Muybridge's Horse in national race for book prize

Muybridge's Horse
Rob Winger
Nightwood Editions
197 pages



Garth Martens

Muybridge's Horse will compel you with narrative and lyric insight. It's the first poetry book by Rob Winger, a Carleton University English prof.

In three phases, Winger follows Eadward Muybridge, a late-19th century photographer who altered the world's perception of movement. Phase one: his seduction of Flora, his madness and his murder trial. Phase two: his years in South America on a coffee bean plantation. Phase three: his startling photographs of horses, his invention of motion picture technology and his revealing work with the human body.

Where the poems aren't in paragraph form, Winger's lines break with the breath and his punctuation is smoothly inconsistent.

Winger makes us care for his peripheral characters, especially when we enter their voices. Each is a lens through which we might distantly care for Muybridge, the way he cares for photographic subjects. One secondary character, Flora, describes Winger: "when I ask him what he sees / in the square angles of the ceiling / he says, / carefully / the square angles of the ceiling."

Larkyns, a roving gambler, is most entertaining. An illiterate charmer, he hires the homeless Coppinger to attend the theatre and write reviews in his name. When confronted by police, Larkyns admits, "I pled innocence and shock / thanking god my maid was pointing / her nipples towards the door just then."

Narrative is confused only when Winger describes archaic photographic processes. It's difficult to properly feel the buzz his metaphors generate if you can't follow what they're built on.

But Winger seldom errs. For delivering a message late, a Guatemalan child has his leg cut off, "wet saw-tooth gripping light as a mountain peak might." This is bright musical diction, as evocative as a photo.

Nude women carrying goblets of water, drinking water from a jar on another woman's shoulder, kissing each other or dancing, these subjects gather erotic strength and make us rapt in Muybridge's obsession, as do his catalogues of nude athletes and farmers. Muybridge asks his subjects to "offer their bodies to machinery ... let him enter them, framing," and we enter him too, through the machinery of poems that are playful, sensual and sad.

Shortlisted for a Governor General's Award, *Muybridge's Horse* is worth betting on. Winners are announced on Nov. 27.

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Models strut their skinnies for charity

Sarah Newcombe

The Welcome to the Jungle charity fashion show hosted by Element Nightclub on Nov. 11 offered Victoria something it hasn't seen much of — avant-garde models and experimental fashion.

The show raised money to benefit the United Way and the Victoria Down Syndrome Society.

Brett Blake, the club's promotions manager, helped bring together what he called "a random combination of shops and salons which would not normally go together," in order to create a show "beyond measure, beyond borders, beyond restrictions."

SARAH NEWCOMBE PHOTO

A model shows off at the Welcome to the Jungle fashion show.

In an atmosphere that Blake called "controlled chaos," each participating boutique and salon was appointed a specific theme, such as nature's elements, the four seasons and the future. Models of every variety, including some with Down syndrome, wore innovative, fashion-forward outfits donated by boutiques including The Patch, Still Life and Complex.

Though Blake admits fashion isn't foremost on his priority list, he does appreciate the relationship between music and fashion.

"There's definitely a connection," said Blake, who uses Element's upcoming event, Chavs vs. Mods as an example (a Chav, by the way, is basically a hip-hop-obsessed, track-pant wearing, U.K. version of Eurotrash). DJs from around the city will dress the part and battle one another on the turntables.

"It's basically ... a costume party," Blake said. "But it's the coordination of the music and the fashion that is really interesting."

> Each participating boutique and salon was appointed a theme, such as nature's elements, the four seasons and the future.

Welcome to the Jungle is the first of what Element hopes to make an annual event, adding to its already extensive charity work.

Blake said that beneath the surface of an avant-garde, experimental event lies "a chance to be involved and to feel good by giving back."

CD REVIEWS

Music to move you

Peanut Butter Wolf
2K8: B-Ball Zombie War
STONES THROW RECORDS

If you haven't heard about producer Peanut Butter Wolf, or his left-field hip hop label Stones Throw Records, it's about time you did.

Based out of California, Stones Throw mixes jazz, soul and funk-fused beats with slick, smart lyrics that leave critics swooning.

2K8: B-Ball Zombie War, the fifth compilation album since the label's birth in 1996, features tracks from signed artists, and a few revamped favourites (including vocal additions from MF Doom, Guilty Simpson, Q-Tip and Talib Kweli) to beats from the late J Dilla's album, *Donuts*.

From start to finish, *2K8* is a smooth ride. The first track, "See," is by Supreme Team (with Karriem Riggins), the newest collaboration involving DJ and rapper Madlib. It transforms from cut samples to catchy flow, to electric funk melody and finally to crisp drum beats in under four minutes. Following is the quick and steady Percee P, the raw and layered Oh No, the East-coast bark of Guilty Simpson, the soulful croon of Aloe Blacc and 15 other underexposed talents. If hip hop's your thing, this album will break the bank — you'll want to get your hands on every artist's solo album.

Although softer around the edges than other Stones Throw albums (likely due to the recent affiliation with 2K Sports), *2K8: B-Ball Zombie War* proves that Peanut Butter Wolf is still king of the compilation. *Women & Songs*, eat your heart out.

- Jessica Bloom

Boys Noize
Oi Oi Oi
LAST GANG/TURBO

Berlin-based DJ and producer Alexander Ridha is a busy man. Between endless touring and remixing for the likes of Tiga, Bloc Party and Feist, he somehow managed to record his first full-length album under the Boys Noize moniker.

Coming in as a top dance album contender in a busy year that has already seen entries from heavyweights such as Justice, Simian Mobile Disco, and Digitalism, Ridha managed to combine the tech filth of the Parisians with the production finesse of the English, while still maintaining the German flair for buildups and heavy beat drops.

Made-for-sweating bangers such as "Oh!," "Arcade Robot" and "Don't Believe the Hype" will leave the gyrating masses begging for more and the DJs with a plethora of dance floor monsters. It's albums like this that have propelled the electro renaissance to new heights. This album lacks variety, but let's just chalk it up to consistency. Don't get it twisted, kids — Nu Rave is dead. But artists like Boys Noize are making sure that electro will live forever.

- Kevin Ehman

Radiohead
In Rainbows
INDEPENDENT

Radiohead's newest album, In Rainbows, is getting buzz for being downloadable by donation. How's the sound? A few tracks in I was ready to call it the best Radiohead album yet.

The opener, "15 Step," features some of their best electronic drums to date, paired with the occasional child-cheer gang vocals. The focus shifts away from electronics toward raw rock with the high energy second song, "Bodysnatchers." The tempo drops down for the emotional high-point of the album with crooning vocals and oddly percussive guitar strums in "Nude." "Weird Fishes/Arpeggi" regains momentum with an experiment in arpeggios and loops juxtaposed with monotonous drums.

Unfortunately, the second half of the album starts to lag. Despite a few great innovative moments, the production tends to follow a formula of reverb saturation and string arrangements. This might make for the prettiest Radiohead album, but the colour scheme for In Rainbows lacks the ugly and dark shades necessary for a masterpiece.

- Alain Champagne

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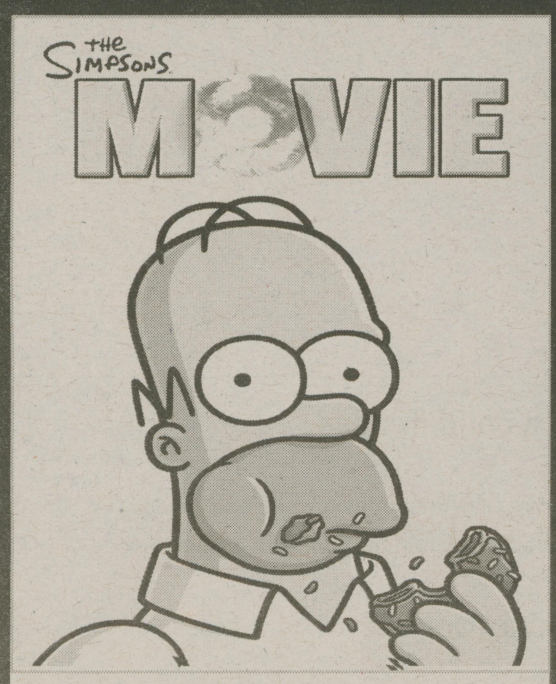

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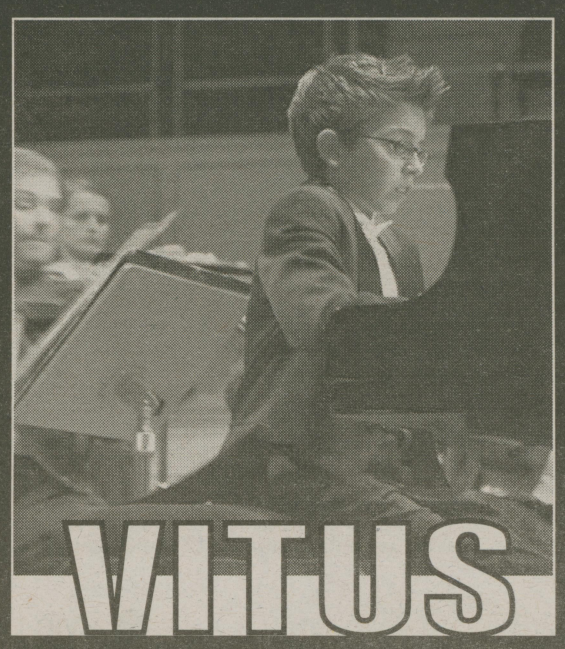

SUN 2:30, 7:00 & 9:20
MON 7:00 & 9:20

TOP TEN

FOR THE WEEK OF NOVEMBER 20, 2007

1. EMILY JANE WHITE
   Dark Undercoat (Double Negative)
2. HOLY FUCK *
   LP (Young Turks/XL)
3. SATURDAY LOOKS GOOD TO ME
   Fill Up The Room (K)
4. NEIL YOUNG *
   Chrome Dreams II (Reprise)
5. SIXTOO *
   Jackals and Vipers In Envy of Man (Ninja Tune)
6. THE BARMITZVAH BROTHERS *
   Let's Express Our Motives (Weewerk)
7. OM
   Pilgrimage (Southern Lord)
8. CORB LUND *
   Horse Soldier! Horse Soldier! (Stony Plain)
9. GIANTESS *
   Giantess (Soft Abuse)
10. VARIOUS ARTISTS
    Home Schooled: The ABCs of Kid Soul (Numero Group)

* Canadian artist † local artist

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Hear the weekly top ten on Charts and Graphs every Thursday at 3:00 PM on CFUV 101.9FM.

Paramedic turns to tennis for stress relief

David Karp

Off the court, UVic tennis player Matt Vaulkhard isn't allowed to act stressed when responding to 9-1-1 calls.

"You either have to be fairly calm, or act calm," said Vaulkhard, a paramedic. "I don't think I'm calm yet, but I act calm, so it instills confidence in your patients.

"I get freaked out when I go to calls, but then as soon as I'm there and they're looking at you, then you have to act calm. What else can you do?"

Vaulkhard, who graduated from Reynolds Secondary School in 2000, has been working as a paramedic in Victoria for the last year-and-a-half. Before that, he was the top tennis player for four years at the University of Missouri – St. Louis, where he starred for the NCAA Division II school on a full scholarship.

Vaulkhard, 25, is now doing two part-time courses at UVic while continuing his ambulance work and playing for UVic's tennis team. With a degree in biology under his belt, Vaulkhard is hoping his UVic courses will improve his chances of getting into medical school.

"If I get in, I think I'd like to get into emergency medicine because of my background as a paramedic," Vaulkhard said.

There's no question that Vaulkhard's tennis experience has helped his paramedic work so far.

"Being through a lot of competitive situations in tennis and having to be mentally tough in situations like that makes you handle being a paramedic better," he said. "Tennis is a lot about being fluid and being relaxed and being able to hit the strokes that you've learned, and if you're tight that's hard to do. Having a good head game out there is huge."

Rob Fuhrman, Vaulkhard's teammate at UVic, said the paramedic brings the necessary frame of mind to the court. That helped the team at the US Tennis Association Pacific Northwest Campus Championships last month where they knocked off UBC to win the tournament.

"He's a phenomenal player, but he's also got a lot of experience playing in these types of competitive situations, so he can help some of the other guys out mentally," said Fuhrman.

Being a paramedic may be stressful, but it's a job Vaulkhard enjoys.

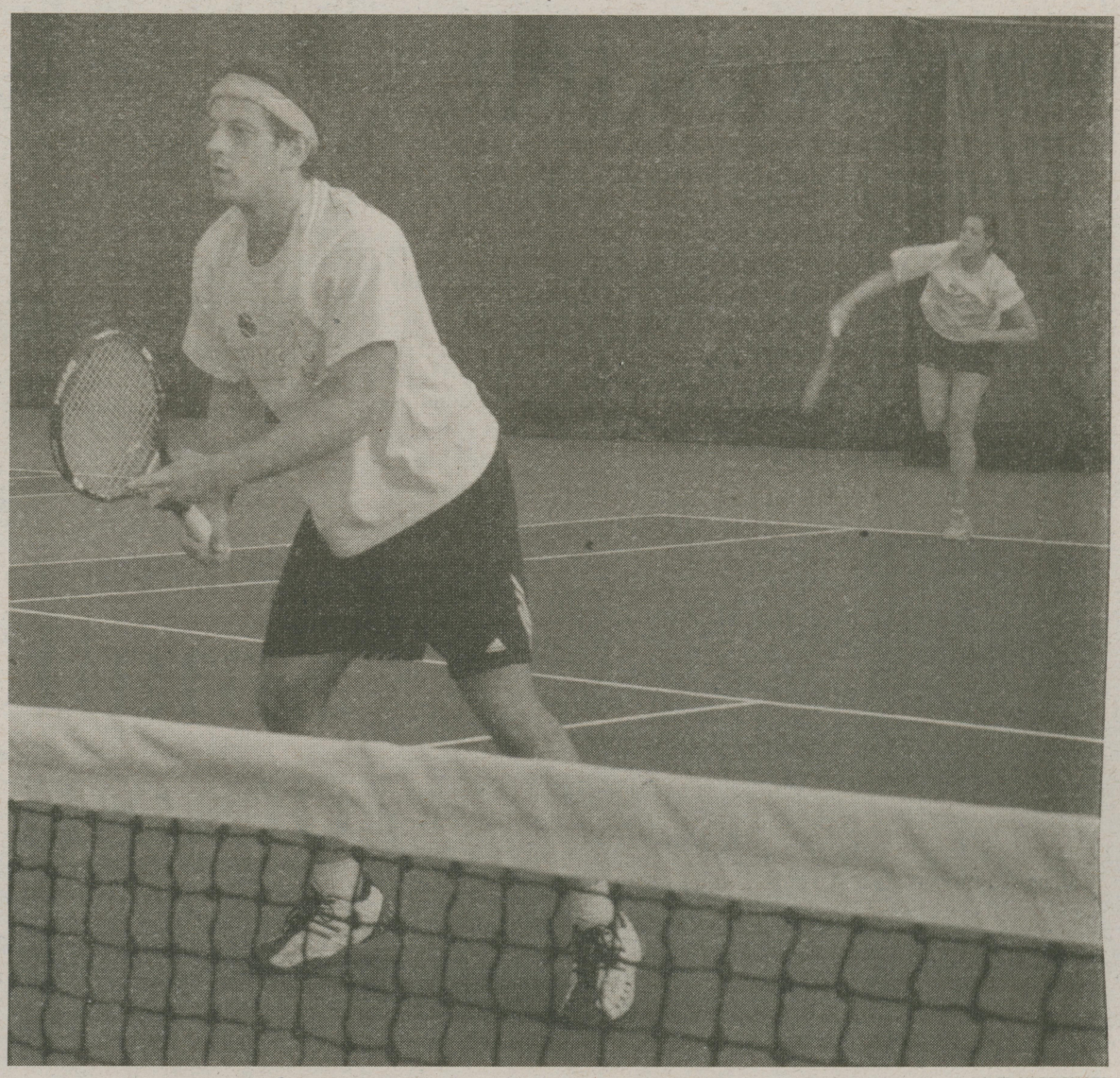
"I love it. It's a great atmosphere," he said. "You get to hang out at a station with a bunch of guys and when you get called out, you're important. You get to do fun stuff."

And when you're manning an ambulance, you never know what each day will bring. Vaulkhard said he's seen everything as a paramedic.

"I almost delivered a baby a couple weeks ago," he said. "I got there like 30 seconds [after the birth] and I ended up delivering the placenta and cleaned up the baby."

He's seen virtually everything on the tennis court as well, an attribute Vaulkhard's teammates say makes him an asset.

"He doesn't have to think when he plays. He's done it so many times," said UVic captain Dan McCombe. "Four years of top-level competition in the States — think of how many thousands more balls he's hit than all our players."



DAVID KARP PHOTO

Matt Vaulkard gets in the zone during a mixed doubles match with teammate Ana Curcin.

Nowadays, tennis takes a backseat to Vaulkhard's medical school ambitions. But he still plays competitively in summer tournaments, earning a little cash on the side.

"I think last year I made $1,200," he said. "This year I probably made more like $400 or $500, but I spend more than that travelling."

Although he only spends a few hours a week on the court these days, Vaulkhard said he'll always continue to play tennis, even if he gets into medical school.

"Tennis is totally an outlet," Vaulkhard said. "It's awesome. It's a great thing to do in life. It's fun, it keeps you in shape, and it's great stress relief."

VIKES SCOREBOARD

WOMEN'S BASKETBALL
Nov. 16 Vikes 79 Manitoba 60
Nov. 17 Winnipeg 68 Vikes 57

MEN'S BASKETBALL
Nov. 16 Vikes 66 Manitoba 65
Nov. 17 Winnipeg 70 Vikes 67

MEN'S RUGBY
Nov. 17 James Bay 39 Vikes 10

UPCOMING GAMES

WOMEN'S BASKETBALL
Vikes vs. Fraser Valley
McKinnon Gym
Nov. 23 and 24 @ 6 p.m.

MEN'S BASKETBALL
Vikes vs. Fraser Valley
McKinnon Gym
Nov. 23 and 24 @ 8 p.m.

WOMEN'S RUGBY
Vikes vs. Nanaimo
Wallace Field
Nov. 24 @ 11:30 a.m.

MEN'S FIELD HOCKEY
Vikes vs. India Club
Field Hockey Pitch
Nov. 25 @ 1:30

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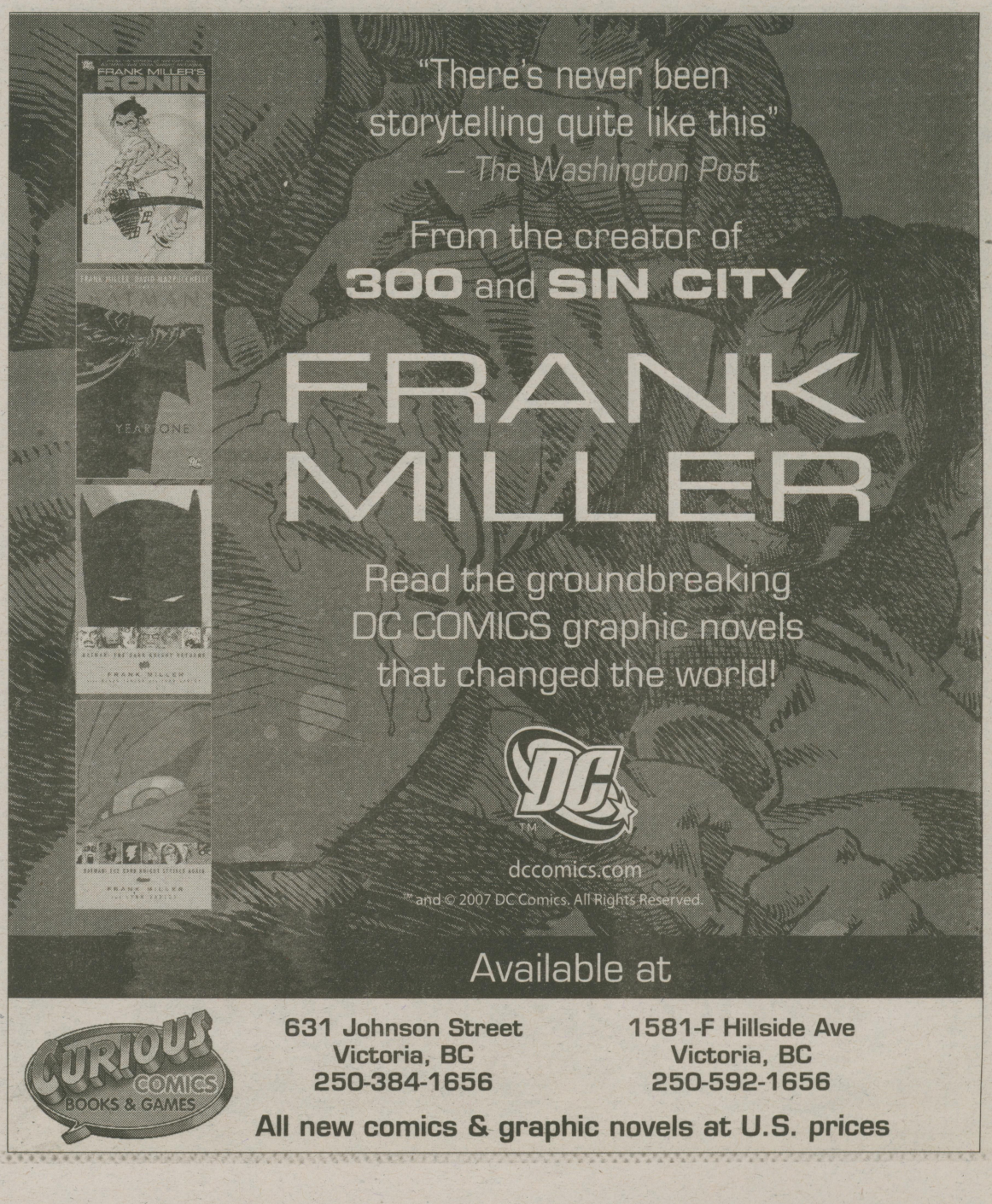
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Salmon Kings remain on top

Victoria ECHL team wins three at home

Thomas Sluchinski

The Salmon Kings swept a three game series against the Stockton Thunder on Nov. 14, 16 and 17 at the Save-On-Foods Memorial Centre.

Victoria finished the week atop the West Division with a 10-3-0 record, leading the ECHL with 20 points. It was an impressive feat considering that the team is still playing with only five defencemen while players such as Matt Kelly fill holes in the AHL Manitoba Moose lineup.

On Nov. 14, the S-Kings took the first game against the Thunder with a convincing 7-4 win. Vancouver Canucks prospect Marc-Andre Bernier gave a three-point performance with two goals and one assist. Early season addition Chris St. Jacques also contributed two assists and a goal, his first of the season.

Salmon Kings forward Milan Gajic led the way in the Nov. 16 victory, where the S-Kings downed the Thunder 4-3. Gajic had two goals and one assist. Teammate Wes Goldie scored the game-winner, his seventh goal of the season, with a little more than nine minutes left in the game.

The home team triumphed again on Nov. 17, winning 2-1 in overtime in front of 4,415 fans. This time around, it was the goalies who shone. Edmonton Oilers prospect Glenn Fisher stopped 27 of 28 Salmon Kings shots for the Thunder in regulation, while Victoria's Billy Thompson held the Thunder to one goal on 42 shots. In the last 10 minutes of the third, Thompson robbed several Thunder players, sending the game into overtime.

Two minutes into the extra frame, 21-year-old Victoria rookie Dylan Yeo jumped on a loose puck near the Thunder blue-line.

"I saw their guy misplay it so I grabbed it and made a move around him," said Yeo, former captain of the WHL Calgary Hitmen. "I saw the goalie thinking I was going to shoot so I decided to do a wraparound and it went in."

"The team really wants to win," said Salmon Kings coach Mark Morrison. "We've got different guys stepping up each night."

Gajic is still riding a hot streak with three goals and two assists in the series and seven goals and 13 assists on the season. He is tied with Derek Damon of the Florida Everblades for the ECHL scoring lead after 13 games.

The S-Kings head to Boise, Idaho to face the defending Kelly Cup champions, the Idaho Steelheads, on Nov. 21, 23 and 24. Victoria opened the season in Boise with one win and one loss.

The Salmon Kings return to Victoria to face the Phoenix Roadrunners on Nov. 28, 30 and Dec. 1.

AHMED MUMENI FILE PHOTO

Last year's synchro team, pictured above, couldn't field a full team. That didn't stop them from competing.

Small synchro club doesn't back down

Kimberly Bruce

Fluorescent lights gleam off the perfectly pointed toes thrusting from the water of McKinnon pool. UVic's dedicated Synchro Club are drilling the routine they are preparing for the National Synchronized Swimming Competition to an eight count tapped out against a metal railing.

Sharp pinging echoes through the pool as the girls splash and flip in formation. Stripped of costumes and music, the sport has taken on the look of 360-degree marching, with toned legs collapsing and slipping beneath the water.

The UVic Synchro Club continues to compete at nationals in February each year even though their team is docked points for having only six members, less than the ideal eight.

"We know it's for fun ... we won't win first place ... we aren't going to beat schools like McGill," said Joelle Prevost, Synchro Club president. "We just try and do the best for ourselves, and do a good swim through."

While most university teams at nationals are highly competitive, swimming with the UVic club is more for fun and exercise, Prevost explained.

"I used to swim 13 hours a week, and now it's six," said the biology major who spent five years training with clubs before she joined the UVic Synchro Club three years ago. Prevost said the UVic club allows her to continue the sport she loves without sacrificing study time.

But the club is still a serious time commitment. Practices start at 5:30 a.m. on Tuesdays at Commonwealth Pool and 7 a.m. on Thursdays at UVic's McKinnon pool. And members need to attend religiously because practising choreography without everyone is difficult, if not impossible. Timing, formation and spacing need to be drilled every practice.

"For a throw or a lift you need all the people for highlights," said Prevost.

The early practices, made necessary by limited pool time, may be a reason why there haven't been any novice teams in recent years.

"Every year we've tried to have a novice team," said Prevost. "And on club day everyone is sign-up happy and joins every club."

But when she contacts people later in the term to arrange coaches and pool time, most people have overcommitted themselves. Currently there are only experienced competitors in the club.

"We're all different levels — it just matters what you want to get out of it," Prevost said.

While most university teams at nationals work with large budgets, UVic's Synchro Club members pay a membership fee, in addition to buying their own supplies and plane tickets to nationals. Fundraising for this year's competition will be even more important, since UVic cut the club's already limited budget.

Most years, the club fundraises by doing an hour long swim-a-thon, where they collect pledges for each lap in the pool. They are also planing a Krispy Kreme doughnut sale in the Student Union Building in the near future.

"We need a lot of money, but we're only a few people," said Prevost.

In January the club will put on a water show for curious spectators where they will perform the routine they have prepared for nationals. Entrance will be by donation.

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UPCOMING EVENTS

NOVEMBER 22

Youth BYOB: Gender - Sexual Orientation
5:30 – 8:30 pm
Vertigo, Student Union Bldg, UVic
A community diversity project for all youth 12 – 20 yrs old. Gender & Sexual Orientation: "That's so gay, isn't it?" This is already our 5th Youth BYOB – Break Your Own Barriers seminar. Youth leaders and adult facilitators from Project Respect and AIDS Vancouver Island will lead us through an engaging workshop and answer all the questions you might have. Free.
Info: youth@icavictoria.org, 388-4728 ext. 112

Afghanistan, peace, Canada in the world
7pm
UVic, Fraser (Law) Bldg, Room 159
"Canada is one of the most powerful countries in the world." Its not how we're used to hearing ourselves described, but Michael Byers makes a powerful case that Canada has clout, and needs to use it for peace. Byers is the Canada Research Chair in Global Politics and International Law at UBC, and is the author of several books, including "War Law: Understanding International Law and Armed Conflict". His most recent, "Intent for a Nation: What is Canada For?", looks at everything from prisoner transfers by the Canadian army in Afghanistan to how climate change is thawing the ice of the Northwest Passage, and changing the geopolitics of the north. The book is informative, but it is also uplifting and hopeful about what Canadians can do.

NOVEMBER 23

Lez Girls!
8pm sharp!
Metro Studio (Quadra at Johnson)
Queerly Featuring: Theatre by 'On The Lam Productions;' Musical trio 'Spellbound;' Cabaret vocalist Nicky Deanne (NiQ); Short films by local filmmakers Stacey Horton & Maureen Bradley; The Cheesecake Burlesque Revue; Free prizes throughout the event! Crafts by local artists. Advance tickets STRONGLY recommended! Tickets $12 available from: The Chronicles Of Crime bookstore (1057 Fort) and The Garden Of Eden (1483 Douglas) or by phone (below).
Info: 380-9189

NOVEMBER 24

Guatemalan indigenous youth event
5:30 pm
Victoria Native Friendship Centre
231 Regina Ave. Victoria BC
A Fundraiser Gala! Dinner, Silent Auction, Performing Artists, Presentations and MORE! In support of GUATEMALAN YOUTH, presented by the BC Association of Aboriginal Friendship Centres.
Tickets: $30 each.
Info: Caitlin O'Reilly, Guatemala Project Coordinator at 250-388-5522 Or toll free 1-800-990-2432

NOVEMBER 27

Engaging Journalism: Covering environmental issues
4 p.m.
UVic, SUB B110b
Speaker: Peter Fairley, author, editor, independent journalist. Have you thought about writing for the Martlet, but don't know where to start? Are you familiar with journalism but want to expand your knowledge? Do you have an interest in environmental issues? If so, this workshop is for you! This is a free, practical discussion on the challenges facing reporters covering the environment, from wild weather to wildlife.
Info: environment@martlet.ca, 858-7464

Reel Youth Film Festival
7 p.m.
Victoria Event Centre
Short films by six Victoria youth will be featured as part of the Reel Youth Film Festival. The films were selected from over 300 submissions from across Canada, the U.S. and beyond. The youth jury made their selections based on entertainment value, technical merit and the messages the films portray.
Info: 381-6453, mikesheehan@beatboard.org

To submit an event, please email promo@martlet.ca by Monday

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